



CONGRATULATIONS ON TAKING THIS IMPORTANT STEP

Participate in SilverSneakers® to get active, stay healthy and connect with others like you.

Getting started is easy.



1. Get your SilverSneakers 16-digit ID number (see below).

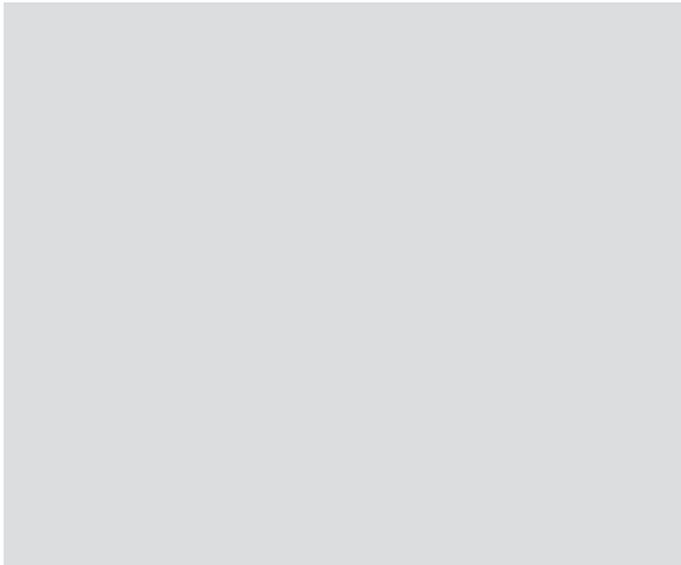


2. Show your ID number at the front desk of the location listed below.



3. Tour the location and start working out at no extra cost.

SilverSneakers is offered here!



To get your personal SilverSneakers ID:

- If you're new to SilverSneakers, go to **SilverSneakers.com/Eligibility** and follow the simple steps.
- If you're already a member, log in to the **Member Portal** and click **Profile / Member ID**.
- Download the **SilverSneakers GO™** app from Google Play or the App Store to always have your ID handy.
- Call the Experience Center at **1-888-423-4632 (TTY: 711)**.

Write your ID number in the spaces below and cut this out to carry with you.

My SilverSneakers ID number

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	-	<input type="text"/>	-	<input type="text"/>										
----------------------	----------------------	----------------------	----------------------	---	----------------------	----------------------	----------------------	----------------------	----------------------	---	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------



SilverSneakers.com
1-888-423-4632 (TTY: 711)
Monday – Friday 8 a.m. – 8 p.m. ET

SilverSneakers and the SilverSneakers shoe logotype are registered trademarks of Tivity Health, Inc. SilverSneakers GO is a trademark of Tivity Health, Inc. © 2021 Tivity Health, Inc. All rights reserved. SSFP1609_0521

