



NEW BERLIN RECREATION

262-797-2443 | NEWBERLINWI.GOV/REC

FALL 2025





NEW BERLIN RECREATION NOT-SO-HAUNTED HAPPENINGS

OCTOBER 1ST-31ST

Join New Berlin Recreation as we celebrate the arrival of Fall with **FREE Not-So-Haunted Happenings**.
Pre-registration is required and space is limited for some activities! **FREE** for RecPASS Members!

Halloween Youth Painting
Oct. 11 11-12PM
Class #10546

For ages 6 and up! Do you have a mini Picasso? We have just the thing! Children will explore their creative side while following step by step instructions to create their very own masterpiece. Instructions courtesy of Grape Escape LLC.

Spooky Bingo Family Night
Oct. 24 4-6PM
Class #10631

Join us for a spooky twist on Bingo Night—inside the ARC where ghosts and giggles await! Enjoy family-friendly fun, festive prizes, and a frightfully good time in a cozy indoor setting.

The Great Pumpkin Hunt
Oct. 1-31
Class #10522

Follow us on Facebook to participate in this city-wide pumpkin hunt. Clues will be provided on weekdays at various times of the day!

WERQ Glow Party
Oct. 30 6-7PM
Class #10523

Get ready to light up the night at our WERQ Halloween Glow Party—a high-energy dance fitness class with spooky beats and glowing vibes! Wear your best neon or costume gear and join us for a frightfully fun workout under the blacklights.



7TH ANNUAL

WINTERFEST

FREE EVENT!

SAVE THE DATE!

JANUARY 10TH

NewBerlinWI.gov/REC



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IMPORTANT DATES

Registration Begins:

New Berlin Residents Online—Aug. 19 @ 9am

New Berlin Residents In-Person—Aug. 20 @ 9am

Non-Resident—Aug. 26 @ 9am

New Berlin ARC Closures:

Labor Day Closures— Aug 30- Sept 1

Thanksgiving Closure— Nov 27- Nov 29

Christmas Closure— Dec 24-Dec 25

New Years Eve— Dec 31-Jan 1

Dear Fall Program Participants,

As the leaves begin to change and the air turns crisp, we're excited to welcome you to a new season of discovery, connection, and fun! On behalf of your Recreation Team, thank you for spending your summer with us - and now, we invite you to keep the momentum going into fall!

This autumn, we're rolling out a variety of programs designed to keep you active, engaged, and inspired. From indoor fitness classes and creative workshops to seasonal favorites like fall hikes and special events, there is something for everyone to enjoy. Our expanded facility continues to provide the perfect setting for recreation, learning, and community building.

Be sure to browse our fall program guide and register early to reserve your spot - many popular programs fill quickly! Whether you're returning for a familiar favorite or trying something new, we are here to help you make the most of the season.

Let's make this fall memorable - together!
Your Recreation Team

MISSION STATEMENT

Our mission is to enhance the quality of life in the City of New Berlin by providing affordable, inclusive, and high-quality recreational programming. We are committed to serving the community and offering programs and services that contribute to a thriving and fulfilling life for all residents and participants.

The New Berlin Recreation Department is affiliated with the following organizations:



RECREATION STAFF TEAM

Katie Roth
Recreation
Manager



Eric Snodgrass
Ast. Recreation
Manager



TJ Watkins
Recreation
Specialist-
Youth Programs



Parker Dorothy
Recreation
Specialist-
Adult Programs



Kelsey Stouffer
Recreation
Specialist-
Youth Sports



Megan Potaczek
Recreation
Coordinator



Kristin Amenson
Recreation
Associate



Abby Schoessow
Recreation
Associate



OFFICE INFORMATION

Location:

New Berlin Activity & Recreation Center
15321 W National Ave
New Berlin, WI 53151

ARC Hours of Operation:

Monday - Thursday 7:00am-9:00pm
Friday: 7:00am-6:00pm
Saturday: 9:00am-4:00pm
Sunday: Closed

Recreation Phone: (262)-797-2443
Weather Hotline: (262)-754-1700
Website: www.newberlinwi.gov/rec
Recreation Email: recreation@newberlin.org

PROGRAM LOCATIONS

New Berlin Activity & Recreation Center (ARC)
15321 W National Ave

New Berlin Community Center at Hickory Grove
2600 S. Sunny Slope Rd

Lions Park
14900 W Overland Trail

Malone Park
16400 W Al Stigler Pkwy

Buena Park
16301 W. Coachlight Drive

COMMUNITY CONTACTS

Senior Citizens' Club: (262)-754-1706
Food Pantry: (262)-789-8040
New Berlin Public Library: (262)-785-4980

RECREATION COMMISSION

Kenneth Harenda, Alderman
Kara Woida | Jason Prei
Brian Johnson | Paul Kittson | Carl Deutsch
Will Bush- School District Representative

REGISTRATION INFO

CREATING YOUR ACTIVE NET ACCOUNT FOR ONLINE REGISTRATION



STEP 1

Start by accessing our registration via the City of New Berlin website or type:

<https://apm.activecommunities.com/newberlin>
into your browser.

STEP 2

Click "Create an Account"

STEP 3

Fill in your name and address. Required fields are denoted by a red asterisk (*). Then click "Next".

STEP 4

Fill in your contact information. To receive text message alerts, including cancellation notifications, please indicate your cell phone carrier.

Then click "Next".

STEP 5

Enter your personal information. Then click "Next".

STEP 6

Complete your emergency contact information. Then click "Next".

STEP 7

Enter your account information. Create a secure password. Once you have completed all required fields, click "Create Account".

NEW!

want activity guides mailed to your home?

We are introducing our exclusive guide mailing program! For just \$5 you'll receive a curated selection of our programs and activities for the upcoming season delivered right to your doorstep. Stay informed, stay inspired, and stay active with us! You will receive the Fall 2025 guide in the mail!

Class # 10524

****Registration Open now for this option****

FALL 2025 REGISTRATION DATES

Resident online:

Tues, Aug 19 at 9am

Resident in-person, mail, & dropbox:

Wed, Aug 20 at 9am

Non-Resident:

Tues, Aug 26 at 9am

4 EASY WAYS TO REGISTER



Register Online*

<https://apm.activecommunities.com/newberlin>
Have your login ID and password ready!



Register by Mail*

Mail registration form with payment to:
New Berlin Recreation Dept.
15321 W National Ave
New Berlin, WI 53151-0921



Office Dropbox*

Our office Dropbox is located in front of the New Berlin Activity & Recreation Center.



Register In-person

At the ARC 15321 W National Ave. New Berlin, WI

***Please note: Drop Box and Mailed registrations will be entered in order as received at the time of in-person registration dates for resident and non-resident. There is no guarantee when they will be entered. We strongly encourage online registration to ensure your spot.**

Email, fax, & phone registration not accepted.

*Online registration provides immediate enrollment confirmation. For classes that fill up quickly, we recommend this method. Please note there is a non-refundable online transaction fee charged by the internet software provider of 5.2%.

AMERICANS WITH DISABILITIES ACT

The City of New Berlin fully supports the provision of the Americans with Disabilities Act. It is committed to supporting the full inclusion of persons with disabilities into programs, classes, services, and public facilities so that full participation may be enjoyed by all. Persons with a disability may request a reasonable accommodation to participate with the City of New Berlin by contacting our department in advance at (262)-797-2443.

All requests must be made at least 14 days before the start date of the program/service.

REGISTRATION INFO

Due to increasing concerns about concussions in youth sports, we ask that you please review the following information, in accordance with Wisconsin Act 172, statute 118.293. Our participants' safety is our number one concern!

WHAT IS A CONCUSSION?

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a "ding", "getting your bell rung" or what seems to be a mild bump or blow to the head can be serious.

WHAT ARE THE SIGNS & SYMPTOMS OF A CONCUSSION?

Signs and symptoms of a concussion can show up right after the injury or may appear days or weeks after the injury. If an athlete reports one or more symptoms of concussions listed below after a bump, blow, or jolt to the head or body, they should be kept out of play the day of the injury and until a health care professional, experienced in evaluating concussions, says they are symptom free and OK to return to play.

SIGNS REPORTED BY COACHING STAFF:

- Appears dazed or stunned
- Forgetfulness/confusion
- Moves clumsily
- Answers questions slowly
- Shows mood or behavior changes

SYMPTOMS REPORTED BY ATHLETES:

- Headaches or pressure in the head
- Nausea or vomiting
- Balance problems or dizziness
- Blurry vision
- Sensitivity to noise
- Confusion
- Feeling sluggish, hazy, or groggy
- Memory problems

CONCUSSION DANGER SIGNS:

In rare cases, a blood clot may form on the brain of a person with a concussion. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body they exhibit any of the following danger signs:

- One pupil is larger than the other
- Cannot be awakened
- A headache that gets worse
- Slurred speech
- Repeated vomiting
- Loses consciousness
- Seizures

WHY SYMPTOMS SHOULD BE REPORTED?

If an athlete has a concussion, they need time to heal. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in youth athletes can result in brain swelling or permanent damage that has the potential to be fatal.

WHAT SHOULD YOU DO IF YOU THINK AN ATHLETE HAS A CONCUSSION?

If you suspect that an athlete has a concussion, remove them from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play until a medical professional says they are symptom free and OK to return to play. Rest is the key to help an athlete recover. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional. Learn more at: www.cdc.gov/concussions/HeadsUp/youth.htm

Adult/Parent Full Name(s): _____

Home Address: _____

Home Phone: _____

Email Address: _____

Cell Phone: _____

Emergency Contact: _____

Emergency Phone: _____

Participant's First Name	Class #	Program Title	Fee	Gender	Age	Grade	Birth Date (if under 18)

Total Program Fees: _____ + Total Non-Resident Fees: _____ + Round Up Donation: _____ = Total Due: _____

Does the participant require any assistance or accommodations to participate?

Waiver: In consideration of my [and/or my child(s)] participation in this activity, I hereby release and discharge the City of New Berlin, and its representatives, successors, insurers, and assigns, from any and all liability arising from accident, injury, and illness that I (he/she) may suffer as a result of my (our) participation in this activity. I (we) also will follow the rules and regulations set by the Organization and above named parties. Parent or guardian must sign for anyone age 18 and under.

Recreation Programs Waiver: I, on behalf of myself as an adult participant, or guardian of the above named minor child or ward, acknowledge that I fully understand that participating in the City of New Berlin Recreation Program may result in a serious injury or illness. Risks involved may include, twisting an ankle, pulled muscles, jammed fingers, broken bones, lacerations and more serious injuries or death which may result from participating in any of the above mentioned programs. Although I fully appreciate those risks, I desire to participate myself or have my child or legal ward participate. I do hereby waive, release, absolve, indemnify, and agree to hold harmless the City of New Berlin, any and all sponsors, or other individuals, firm or organization from any claims, demands, actions, causes or action, fees, expenses including actual attorney fees incurred by the parties released arising from or resulting in whole, or part, from my participation or the participation of my minor child or ward in the City of New Berlin Recreation Program, or the acts or omissions by any organization, firm, or individuals that may take place in connection with the City of New Berlin Recreation Program. This waiver should be binding on my heirs, personal representatives, agents, administrators and assigns. I also grant permission to managing personnel or other representatives to authorize and obtain medical care from any licensed physician, hospital, or medical clinic should a participant become ill or injured while participating in activities away from home, or at any other moment when a parent or legal guardian is unavailable to grant authorization for emergency treatment. Furthermore, I hereby grant full permission to any and all of the foregoing to use any photographs, video, motion pictures, recordings, or any other records of this event for any legitimate purpose including but not limited to the promotion of the City of New Berlin Recreation Department events.

3 XSignature: _____ Date: _____

Photography

The New Berlin Recreation Department uses pictures & videos in brochures, displays & social media to inform others of our recreational opportunities. We will not identify individuals by name. If you do not want a picture taken, please tell our photographer. If a picture has already been taken, please contact the office at 262-797-2443 and let us know, it shouldn't be used.

Americans with Disabilities Act

In regards to the Americans with Disabilities Act, the New Berlin Recreation Department welcomes all people with disabilities to our programs. Advanced notice helps us to better serve you. For more information call 262-797-2443.

Non-discrimination Policy

The City of New Berlin does not discriminate based on religion, sex, race, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, physical, mental, emotional, or learning disabilities.

Residency

A resident is anyone who lives within the boundaries of the City of New Berlin. Any person residing outside these limits will be considered a non-resident and assessed a fee accordingly. Proof of residency will be required for persons 21 and older living in the household.

Non-Resident Pricing

Non-resident fees for instructional programs will be 50% more than the resident program rate, but not to exceed an additional \$36. Non-residents who register using false information will forfeit their right to participate in the activity, and no refund will be issued.

Deadlines for Registration

Registrations for instructional programs will not be accepted after the class has begun.

Recreation Hotline: 262-754-1700

Information regarding class cancellations, program updates, weather decisions, and more! A decision regarding programs will be made at approximately 4:00pm. In the event of weather-related school closings, all activities will automatically be canceled.

Tobacco/Alcohol Use Policy

The use of all tobacco products or consumption of alcoholic beverages on premises owned by the New Berlin School

District is prohibited by state law.

On-Site Registration

Instructors will NOT accept registrations at the class site. Fees must be paid before participation; proof of registration may be required in class. No phone registrations are accepted.

Age Requirements

Age requirements will be as of the date of the first class. The participant may be transferred to the correct level provided there are openings or the class fee may be refunded.

Insurance

The Recreation Department does not provide hospital/medical insurance coverage for people participating in sponsored activities.

Program Changes

Participant-initiated program changes must be done before the start of the program. Your request may be done in-person or by phone.

Refund Policy

Refunds of fees in recreation activities shall be made under the following guidelines:

- 1) The Recreation Department cancels the program/changes in the published day/time or schedule of the program. Persons registered for a program that is canceled by the department shall receive a full refund of activity fees or a credit towards a future program, whichever the registrant prefers. Online transaction fees are non-refundable.
- 2) Participant cancellation: Cancellations must be submitted in writing within two weeks - or otherwise as noted - of the start of the program to the Department indicating the reason for the refund request. Internet convenience fees will not be included in the refund and any program supply costs will be deducted from the refund. There will be a \$10 administrative fee per program refund. There is NO prorating of class fees. **Please be aware that cancellations made less than two weeks before the scheduled activity are not accepted, with exceptions made only in the event of emergencies. Refunds will exclude any internet convenience fees, and we reserve the right to deduct supply costs from any refunded amount. Additionally, activities will not be prorated for participants who do not attend.**

- 3) All refunds follow the City Finance Department bill-paying schedule.
- 4) Refund requests for any portion of the Day Camp program must be made via email two weeks in advance of the first day of programming to receive a refund. Requests made less than two weeks before the first day will not be considered. Refunds will be issued in the form of original payment. Internet convenience fees will not be refunded.

Returned Checks

There is a \$25.00 service charge on all returned checks.

Credit Policy

If you desire or are unable to continue participation in a program, the use of "credit" towards future participation is highly encouraged. The following guidelines will apply:

- Credit transactions are not subject to service charges unless a future refund request is received for a previously "credited" program.
- Credit use is at the discretion of the payee.
- Credit can not be given for class/session absences.
- Credits are not transferable to other family accounts.
- Credits on account will automatically expire if not used within 24 months (2 yrs) from the date of issue.

Waitlist

If your desired class is full, you will be notified and placed on a waiting list. The department will make every effort to accommodate those on the waiting list. If any openings become available, we will go to the waitlist to fill the class, notifying eligible individuals.

Class Observation

Parents and families are invited to a child's lesson observation day. Our instructors have found that a child's quality of instruction is affected by parent and/or sibling distractions and interruptions. Please feel free to talk to the instructor before or after class.

Cancelled Classes

Due to circumstances beyond our control, such as weather, some classes or activities may be cancelled. Parents should use their own discretion about sending children if weather conditions are questionable. Please call our weather information hotline for the most up-to-date information.

NEW BERLIN RECREATION Elf Hunt

Oh No!! Santa needs our help ... and fast! He sent out his Scout elves to watch all the good little girls and boys this year, but some of the elves decided playing in the parks would be more fun. We need your help to find them so we can send them back to Santa before Christmas! Santa has tracked them to some of the parks in New Berlin. Can you help us?

Visit our Facebook page www.facebook.com/newberlinrecreation and Santa will give us his update every Monday beginning Dec. 1st. Follow our page to keep up-to-date on which parks we have tracked the elves to and which elves are still missing! Prizes will be given to those who have found the elves!



Letters to Santa

Santa is taking some time out of his busy schedule to work with New Berlin Recreation to send personalized letters to some very special children. While everyone in the North Pole has been busy getting ready, they've asked for our help in getting letters to Santa from the boys and girls of New Berlin.

Come to the New Berlin Activity Recreation at 15321 W. National Ave beginning Monday, November 24th and there will be a letter writing center as well as the red mailbox.



In order for Santa to answer all the letters he receives, you need to write your letter by Wednesday, December 10th.



SPECIAL EVENTS

New Berlin Beer Gardens

We are thrilled to announce an exciting collaboration between **Component Brewing, New Berlin Recreation, New Berlin Library, and the New Berlin Historical Society**, bringing a series of vibrant Beer Gardens to the community this summer and fall!

Get ready to savor the flavors of local craft brews in the inviting ambiance of New Berlin's parks, as we gather to celebrate the spirit of community, recreation, and history. Whether you're a beer aficionado or simply looking for a fun-filled outing with family and friends, our Beer Gardens promise an unforgettable experience.

Join us as we toast to warm summer days and crisp autumn evenings, enjoying a curated selection of refreshing beverages from Component Brewing, perfectly complemented by delicious food offerings and live entertainment. It's an opportunity to unwind, connect with neighbors, and create lasting memories against the backdrop of New Berlin's scenic landscapes.

Mark your calendars! Let's raise our glasses to a season of camaraderie, relaxation, and the rich tapestry of New Berlin's heritage. See you at the Beer Gardens!



<u>Day</u>	<u>Time</u>	<u>Location</u>
Saturday, August 16	12-6pm	New Berlin Library Green
Saturday, September 6	12-6pm	Malone Park-Playground
Sunday, September 7	12-6pm	Historical Park
Saturday, October 11	12-6pm	Malone Park-Playground
Sunday, October 12	12-6pm	Historical Park

CITY OF NEW BERLIN
CHRISTMAS TREE LIGHTING CEREMONY

THURSDAY, DECEMBER 4TH 4:30PM - 7:30PM
 ARC - 15321 W. NATIONAL AVE.

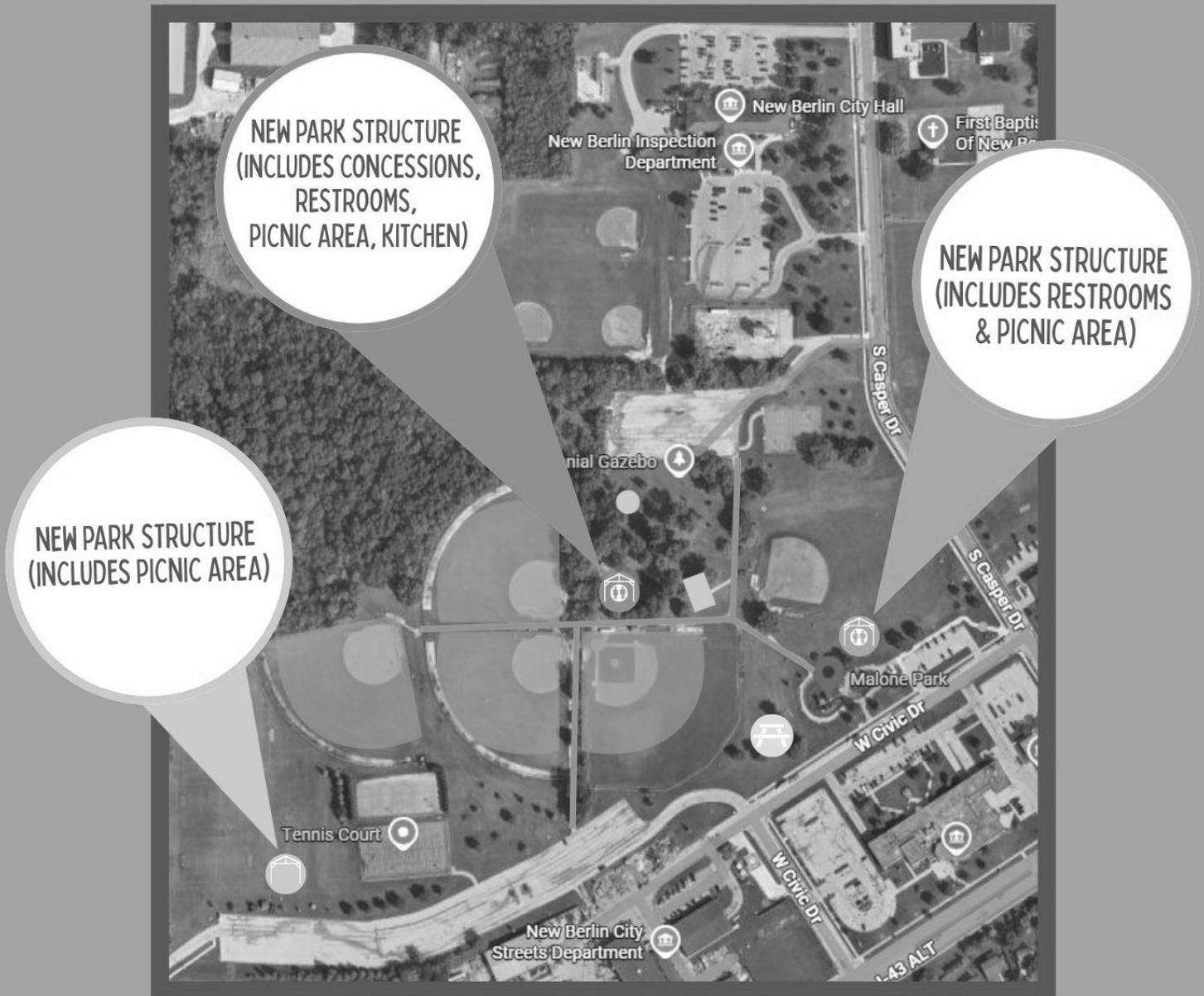
PHOTOS WITH SANTA HOLIDAY MUSIC LETTERS TO SANTA
 HOT COCOA FOOD TRUCK
 TREE LIGHTING @ 5:30PM




DONATE NEW, UNWRAPPED TOYS FOR TOYS FOR TOTS AND NON PERISHABLE FOOD FOR THE NEW BERLIN FOOD PANTRY

MALONE PARK UPDATES

FROM FRESH FEATURES TO FAMILY FUN,
DISCOVER WHAT'S COMING TO YOUR FAVORITE COMMUNITY PARK.



MALONE PARK UPDATES:

- THREE NEW PARK SHELTERS
- BALL DIAMOND 3,4,5,6 IMPROVEMENTS
- PICNIC GROVE NEAR PLAYGROUND
- TRAIL REPLACEMENT THROUGH PARK
- REMOVAL OF GAZEBO AND OLD SHELTER

SCHOOL'S OUT DAY CAMP

If you are looking for a safe, fun-filled place for your child to go when they are off of school and you still need to go to work, LOOK NO FURTHER!

The Recreation Department has you covered!

This full-day program for 5-12 year olds is offered when New Berlin local schools are not in session. Your child will enjoy enriching activities such as games, crafts, reading, open gym time, and much more!

THE DETAILS

A parent handbook is available at www.newberlinwi.gov on the Recreation page. The handbook will highlight policies, procedures, behavioral expectations, weather policies, and what participants should bring with them.

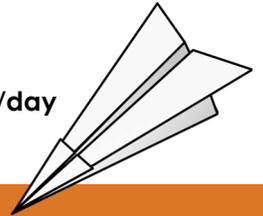
PLEASE SAVE YOUR ENROLLMENT INFORMATION FOR TAX PURPOSES!

NEW LOCATION: Hickory Grove, 2600 S. Sunny Slope Rd.

Time: 7:00AM-6:00PM

Fees: Resident - \$50/day | Non-Resident - \$75/day

Ages 5-12 (Must be 5 years old by start date)



THE DATES

Date	Class #
Monday, October 13	10525
Friday, October 24	10526
Monday, Nov 24	10527
Tuesday, Nov 25	10528
Wednesday, Nov 26	10529
Monday, Dec 22	10530
Tuesday, Dec 23	10531
Friday, Dec 26	10532
Monday, Dec 29	10533
Tuesday, Dec 30	10534
Friday, Jan 2	10535
Monday, Feb 16	10536
Friday, March 13	10537
Monday, March 30	10538
Tuesday, March 31	10539
Wednesday, April 1	10540
Thursday, April 2	10541
Friday, May 1	10542

A TYPICAL DAY AT CAMP

7:00-9:30am	Check in and Free Choice
9:30-9:45am	Morning Meeting
9:45-10:15am	Camp Activities
10:15-10:30am	Snack
10:30-12:00pm	Camp Activities
12:00-12:45pm	Lunch
12:45-1:30pm	Read, Rest, Relax
1:30-3:00pm	Camp Activities
3:00-3:30pm	Group Game
3:30-6:00pm	Check out and Free Choice



Examples of additional activities could include:

Kids' fitness, arts & crafts, science projects, sports, character development, gym activities, dramatic play, centers, skits, songs, games, music, movies, board games/puzzles, outdoor exploration, gaga ball, playground, nature activities and much more!

***Dates are subject to change based on the New Berlin School District calendar.**

For an up-to-date list of available dates, visit us at www.newberlinwi.gov

YOUTH PROGRAMS



Beginner Spanish

Learn Spanish through fun songs, games, and activities! Children will explore numbers, colors, greetings, and simple words while moving and playing.

Ages: 5-9 years

Session 1: Wednesday, September 17-October 8

Session 2: Wednesday, October 22-November 12

Location: Hickory Grove, Lilly Room

Time: 6:15pm-7:00pm

Class # 10543

Time: 6:15pm-7:00pm

Class # 10544

Fee Per Class: Res. \$35 | Non-Res. \$52

Youth Painting Course

For ages 6 and up! Do you have a mini Picasso? We have just the thing! Children will explore their creative side while following step by step instructions to create their very own masterpiece. Instructions courtesy of Grape Escape LLC.

Ages: 6 and up!

Saturday, September 13

Flower Field

Time: 11:00am-12:00pm

Class # 10545

Saturday, October 11*

Halloween Cats

Time: 11:00am-12:00pm

Class # 10546

Saturday, November 15

Pumpkin Pickup

Time: 11:00am-12:00pm

Class # 10547

Saturday, December 13

Christmas Ornaments

Time: 11:00am-12:00pm

Class # 10548

Location: Hickory Grove, Sunflower Room

Fee Per Class: Res. \$20 | Non-Res. \$30

***October 11 class is FREE for RecPASS Members as a part of our Not-So-Haunted Happenings!**



Introduction to Ice Skating

This class is for children with little to no ice skating experience. Participants will develop confidence on the ice by learning basic skating skills, such as forward/backward skating, turns, stops, falling, and recovery. Skate rental is available for this class at no additional charge. It is highly recommended that all participants wear helmets, gloves, and warm clothing.

Ages: 4-6 years

Monday, September 22-Oct 20

Time: 4:30pm-5:00pm

Class # 10549

Ages: 7-17 years

Monday, September 22-Oct 20

Time: 5:00pm-5:30pm

Class # 10550

Location: Eble Ice Arena, 19400 W Bluemound Rd.

Fee: Resident \$80 | Non-Resident \$116

Introduction to Skating for Hockey

This class is for children with little to no skating experience who intend to learn to play hockey. It primarily focuses on developing the skating abilities needed for hockey. All skaters in this class must have the following equipment to participate: helmet, shin pads, and gloves. Skate rental is available at no additional charge. Skaters can wear full hockey equipment if they prefer.

Ages: 4-15 years

Monday, September 22-Oct 20

Time: 5:00pm-5:30pm

Class # 10551

Location: Eble Ice Arena, 19400 W Bluemound Rd.

Fee: Resident \$80 | Non-Resident \$116



Beginner Chess Camp

In this eight-week class we will focus on the fundamentals of chess. We'll cover opening strategy, the 5 basic checkmates, and tactics such as Forks, Pins, and Discovered Check. This class will be a balance of chess play and instruction. There will be a tournament with trophies and medals. Students need to come to the first class knowing how to move the pieces. Free lessons on how to move the pieces can be found at www.chesskid.com. Open to students in grades 2-8.

Grade: 2-8

Dates: Monday, Sept 15-Nov 3

Time: 6:00pm-7:00pm

Fee: Resident \$79 | Non-Resident \$115

Class # 10552

9 Location: Hickory Grove, Lilly Room

YOUTH PROGRAMS

Miss Becky's Class Structure: Programs are designed as a year long program. Participants should remain in the same level for at least two sessions before progressing onto the next level. Ballet slippers & Tap Shoes required.

Location: All classes meet at New Berlin ARC, Aspen Room



Pre-Ballet & Tap 1

In this introductory class, children will learn basic ballet & tap steps. Through dance movements, they will increase their spatial & body awareness and work to increase coordination in a very positive social interactive setting.

Ages 4-5 or passed Creative Movement

Class #	Day	Dates	Time	Fees
10553	Monday	September 8-November 10	4:15pm-5:00pm	Res. \$65 Non-Res. \$98
10554	Friday	September 12– November 14	9:05am-9:50am	Res. \$65 Non-Res. \$98
10555	Saturday	September 13-November 15	9:35am-10:20am	Res. \$65 Non-Res. \$98

Pre-Ballet & Tap 2B

Children will learn basic ballet and tap steps. Through dance movements, they will continue to increase their spatial awareness, body awareness, coordination, grace & poise.

Ages 5 and up or passed Pre-Ballet and Tap 1/K5

Class #	Day	Dates	Time	Fees
10556	Monday	September 8-November 10	5:05pm-5:50pm	Res. \$65 Non-Res. \$98
10557	Thursday	September 11-November 13	5:30pm-6:15pm	Res. \$65 Non-Res. \$98

Pre-Ballet & Tap 2A

Children will learn basic ballet and tap steps. Through dance movements, they will continue to increase their spatial awareness, body awareness, coordination, grace & poise.

Ages 6 and up or passed Pre-Ballet and Tap 2B/1st & 2nd Graders

Class #	Day	Dates	Time	Fees
10558	Monday	September 8-November 10	6:00pm-6:45pm	Res. \$65 Non-Res. \$98

Ballet & Tap 1

Children will learn/review basic ballet and tap steps through bar & dance movements. Terminology will be taught.

2nd or 3rd grade or passed Pre-Ballet and Tap 2A/2nd-4th grade

Class #	Day	Dates	Time	Fees
10559	Monday	September 8-November 10	6:50pm-7:35pm	Res. \$65 Non-Res. \$98



Zumbini - 8 Weeks

This is a fun, energetic music and movement class with a parent or caregiver. Nurture your child's natural musical abilities, bond and play together, and enjoy music and dance exploration in a social setting with a "Zumba" flavor. This class includes a Zumbini Bundle - 2 cd's & songbook.

Ages: Walking-3 years w/ parent

Dates: Thursday, September 11– October 30 (Kalino Book)

Location: New Berlin ARC, Aspen Room

Class # 10560

Time: 9:15am-10:00am

Fee: Resident \$65 | Non-Resident \$98

YOUTH PROGRAMS

Dance Out Your Sillies - 8 Weeks

In this class children will attend with a parent or responsible adult to have fun dancing your sillies out while being creative, learning beginning dance movements, to be creative with music, utilizing ribbons, instruments, and more.

Ages: 2-3 years w/ parent

Session 1: Wednesday, September 10-October 29

Time: 6:30pm-7:00pm

Class # 10561

Session 2: Friday, September 12-October 31

Time: 10:00am-10:30am

Class # 10562

Session 3: Saturday, September 13-November 1

Time: 11:15am-11:45am

Class # 10563

Location: New Berlin ARC, Aspen Room (Session 1&2) Cedar Room (Session 3)

Fee: Resident \$50 | Non-Resident \$75



Creative Movement - 10 Weeks

This class is for youth to learn and enjoy basic dance movements while being creative with ribbon wands, bean bags, fun songs and more without parent participation. (Ballet shoes strongly suggested)

Ages: 3-4 years

Session 1: Wednesday, September 10-November 12

Time: 5:00pm-5:30pm

Class # 10564

Session 2: Thursday, September 11-November 13

Time: 10:10am-10:40am

Class # 10565

Location: New Berlin ARC, Aspen Room

Fee: Resident \$65 | Non-Resident \$98

Poms - 8 Weeks

Come Pom it up with this fun and energetic class! This program will guide participants by teaching basic fundamentals of POMS: motions, jumps, techniques, rhythm, and crowd leading skills. We will also take a beginners look at proper stunting techniques.

Ages 4-7 Years

Dates: Tuesday, September 9- October 28

Time: 6:15pm-7:00pm

Class # 10566

Location: New Berlin ARC, Aspen Room

Fee: Resident \$55 | Non-Resident \$83

Cheer - 8 Weeks

Come cheer with us! This program will guide participants by teaching basic fundamentals of cheerleading; motions, jumps, techniques, rhythm and crowd leading skills. We will also take a beginners look at proper stunting techniques associated with cheerleading.

Ages 4-7 Years

Dates: Saturday, September 13-November 1

Time: 9:00am-9:45am

Class # 10567

Location: New Berlin ARC, Aspen Room

Fee: Resident \$55 | Non-Resident \$83

Hip Hop Funk Dance Class - 8 Weeks

This class teaches a combination of Jazz and Hip Hop/Funk dance routines to popular Pop and Hip Hop songs you hear in videos and on the radio. This class is for people of all different dance levels with no previous dance experience required. Basic gymnastic skills will be taught such as forward roll, backward roll, back bend, and handstands.

Ages: 12-16 years/6th to 9th grade

Dates: Tuesday, September 9-October 28

Time: 7:05pm-7:50pm

Class # 10568

Location: New Berlin ARC, Cedar Room

Fee: Resident \$55 | Non-Resident \$83

Junior Hip Hop Funk Dance Class - 8 Weeks

This class teaches a combination of Jazz and Hip Hop/Funk dance routines to popular Pop and Hip Hop songs you hear in videos and on the radio. This class is for people of all different dance levels with no previous dance experience required. Basic gymnastic skills will be taught such as forward roll, backward roll, back bend, and handstands.

Ages: 8-11 years/3rd to 5th grade

Dates: Saturday, September 13-November 1

Time: 9:50am-10:35am

Class # 10569

Location: New Berlin ARC, Cedar Room

Fee: Resident \$55 | Non-Resident \$83

Kinder Hip Hop Funk Dance Class - 8 Weeks

This class teaches a combination of Jazz and Hip Hop/Funk dance routines to popular Pop and Hip Hop songs you hear in videos and on the radio. This class is for people of all different dance levels with no previous dance experience required. Basic gymnastic skills will be taught such as forward roll, backward roll, back bend, and handstands.

Ages: K5-2nd grade

Dates: Wednesday, September 10-October 29

Time: 5:35pm-6:20pm

Class # 10570

Location: New Berlin ARC, Aspen Room

Fee: Resident \$55 | Non-Resident \$83

YOUTH PROGRAMS

NEW!

Hip Hop Holiday Performance Crew

Get ready to move and groove! In this high-energy class, dancers will learn a fun and festive Hip Hop routine to perform at the City of New Berlin Tree Lighting Ceremony. This is a great opportunity to build confidence, teamwork, and performance skills—while spreading holiday cheer!

Dancers must be available to perform on December 4.

Ages: 7-13 years old

Dates: Tuesday, November 11-December 2

Location: New Berlin ARC, Cedar Room

Time: 6:20pm-7:05pm Class # 10571

Fee: Resident \$35 | Non-Resident \$53

NEW!

Holiday Poms Performance Crew

Shake those poms and shine on stage! Participants will learn a spirited poms routine full of energy, precision, and festive flair to perform at the City of New Berlin Tree Lighting Ceremony. It's the perfect way to build dance skills, teamwork, and holiday spirit!

Dancers must be available to perform on December 4. Poms are included.

Ages 5-11 years old

Dates: Tuesday, November 11-December 2

Location: New Berlin ARC, Cedar Room

Time: 5:30pm-6:15pm Class # 10572

Fee: Resident \$35 | Non-Resident \$53

Baton Twirling

Learn fun baton tricks including tosses, spins, rolls and leaps. The instructor will have information on purchasing batons at the first class. March in the New Berlin Christmas Parade. Skill level order: Tiny Twirlers (ages 3-4 not in school), Novice (ages 4-6), Beginner (ages 6+), Intermediate/Advanced. *Must have instructor's permission to sign up for Intermediate/Adv.

Dates: Thursday, Sept 25-November 13 Ages: Tiny 3-4 yrs, Novice 4-6yrs, all other 6+ yrs

Tiny Twirlers: 4:30pm-5:00pm

Class # 10573

Novice: 5:00pm-5:30pm

Class # 10574

Beginner: 5:30pm-6:00pm

Class # 10575

***Intermediate/Advanced: 6:00pm-6:30pm**

Class # 10576

Location: New Berlin ARC, Aspen Room

Fee: Resident \$58 | Non-Resident \$87

PRESCHOOL PROGRAMS

Prehistoric Preschoolers

Roar back in time with our Prehistoric Preschoolers class! Little dino lovers will explore the world of dinosaurs through hands-on crafts, sensory play, and fun prehistoric adventures. Together, we'll stomp like a T. rex, dig for fossils, and bring ancient creatures to life with songs and stories. This is a parent and child participation class.

Ages: 2-4 years with parent

Dates: Monday, September 15

Location: New Berlin ARC, Aspen Room

Time: 10:15am-11:15am

Class # 10577

Fee: Resident \$15 | Non-Resident \$23

Trick or Treat Tots

Join as we explore the magic of the season through themed activities that encourage social interaction and sensory exploration. From pumpkin activities to spooky story circles, Trick-or-Treat Tots promises a boo-tifully fun experience in a safe and supportive environment. Come dressed in your Halloween best and get ready for a day filled with treats and smiles! This is a parent and child participation class.

Ages: 2-4 years with parent

Dates: Monday, October 27

Location: New Berlin ARC, Aspen Room

Time: 10:15am-11:15am

Class # 10578

Fee: Resident \$15 | Non-Resident \$23

Wild Wild West

Saddle up for a rootin'-tootin' good time in the Wild Wild West! Young cowboys and cowgirls will explore life on the frontier through imaginative play, crafts, and stories. We'll gallop like ponies, pan for gold, and create our own western gear as we adventure across the open range. This is a parent and child participation class.

Ages: 2-4 years with parent

Dates: Monday, November 17

Location: New Berlin ARC, Aspen Room

Time: 10:15am-11:15am

Class # 10579

Fee: Resident \$15 | Non-Resident \$23

Jingle All the Way

Our joyful activities and festive atmosphere bring holiday cheer to every child. Discover the magic of the season through music, crafts, and merry playtime in our nurturing preschool environment. This is a parent and child participation class.

Ages: 2-4 years with parent

Dates: Monday December 15

Location: New Berlin ARC, Aspen Room

Time: 10:15am-11:15am

Class # 10520

Fee: Resident \$15 | Non-Resident \$23

YOUTH PROGRAMS

Music Makers & More

This sing along musical activity group is designed for children and their parents or caregivers. The class incorporates traditional children's songs, finger play, rhythm instruments, and dance movements as well as puppets that help tell a story with the songs. Our goal is to give children an interest and love for all kinds of music. Bring your dancing feet and join us for a fun family class.

Ages: 9 months-4 years w/parent

Session 1: Tuesday, Sept 16-Oct 21 (No 10/14)

Time: 9:00am-9:30am

Fee: Res. \$55 | Non-Res. \$83

Class # 10580

Session 2: Tuesday, Oct 28-Nov 25

Time: 9:00am-9:30am

Fee: Res. \$55 | Non-Res. \$83

Class # 10581

Location: New Berlin ARC

Instructor: Miss Deanna



Kidd Kerwyn's Bongo Congo Bash

This class has children playing hand drums, egg shakers and rhythm sticks as well as dancing and singing. They will love the songs I've written—Bongo Congo, Creepy Crawlers, the Chicken Song, and the Spirit Song—as well as children's favorites such as Move It, Hands Fingers Thumb, We Will Rock You, School's Out, I Want Candy and Wooly Bully. On the last day of class, parents are invited into the classroom for a performance of the songs learned.

Ages 4-5: Tuesday, Sept. 9– Sept. 30

Time: 4:30pm-5:00pm

Fee: Res. \$30 | Non-Res. \$45

Class # 10582

Ages 6-9: Tuesday, Sept. 9– Sept. 30

Time: 5:10pm-5:40pm

Fee: Res. \$30 | Non-Res. \$45

Class # 10583

Ages 10-12: Tuesday, Sept. 9– Sept. 30

Time: 5:50pm-6:20pm

Fee: Res. \$30 | Non-Res. \$45

Class # 10584

Location: Hickory Grove, Sunflower Room

Instructor: Kidd Kerwyn



Bongo Congo for the Mini Munchkins

Students will have a chance to experiment with drums, shakers and rhythm sticks. Then we will learn to play together in rhythm with fun songs like Bongo Congo and Move it.

Caretakers are welcome to participate/assist.

Ages 2-4: Monday, September 22

Time: 4:30pm-5:10pm

Fee: Res. \$15 | Non-Res. \$23

Class # 10585

Location: Hickory Grove, Lavender Room

Instructor: Kidd Kerwyn



Tykes, Tunes & Tumbling Twos (Parent & Child)

This program is designed for children ages 2 or 3 who are looking for an introduction to tumbling. Parents accompany their children as they work on the development of movement through tumbling skills. Classes include warm-up, gymnastics circuits, and active games.

Ages: 2-3 years

Session 1: Tuesday, September 9-October 14

Time: 9:00am-9:30am

Class # 10586

Session 2: Tuesday, November 11– December 16

Time: 9:00am-9:30am

Class # 10587

Location: New Berlin ARC, Cedar Room

Fee: Residents \$54 | Non-Resident \$81

Tykes, Tunes & Tumbling Threes (Parent & Child)

This is a parent-child participation class tailored to children ages 3 and 4 who have completed the first Tykes class or are looking for an introduction to tumbling. Parents accompany their children as they work on development of movement through tumbling skills. Classes include warm-up, gymnastics circuits (including work on forward and backward rolls, balancing, vaulting, and jumping), and active games.

Ages: 3-4 years

Session 1: Tuesday, September 9-October 14

Time: 9:35am-10:05am

Class # 10588

Session 2: Tuesday, November 11– December 16

Time: 9:35am-10:05am

Class # 10589

Location: New Berlin ARC, Cedar Room

Fee: Residents \$54 | Non-Resident \$81

Tykes, Tunes & Tumbling Fours & Fives

In this class, children ages 4-6 will work on body awareness, balance, locomotion, spatial relationships, and rhythm. Movement activities- tumbling, balance beam skills, and other activities will be used that are designed to foster success and enhance self-esteem.

Ages: 4-6 years

Session 1: Tuesday, September 9-October 14

Time: 10:10am-10:45am

Class # 10590

Session 2: Tuesday, November 11– December 16

Time: 10:10am-10:45am

Class # 10591

Location: New Berlin ARC, Cedar Room

Fee: Residents \$54 | Non-Resident \$81

PARENTS NIGHT OUT

kids night in

Parents Night Out!

Drop off your kids for a fun-filled time with games, crafts, and a tasty pizza dinner. Our experienced staff will ensure a safe and engaging environment, allowing you to enjoy a worry-free evening. Whether you use this time to catch up on errands, have a date night, or simply unwind at home, rest assured your children are in good hands. Join us for a memorable evening where everyone has a great time!

Ages: 5-12 years old

Date 1: Friday, September 26

Date 2: Friday, October 17

Date 3: Friday, November 21

Date 4: Friday, December 19

Location: New Berlin ARC, Hemlock Room

Time: 5:30pm-8:30pm Class # 10592

Time: 5:30pm-8:30pm Class # 10593

Time: 5:30pm-8:30pm Class # 10594

Time: 5:30pm-8:30pm Class # 10595

Fee: Resident \$35 | Non-Resident \$53

Crazy Crafts

Get ready for a wild adventure in Crazy Crafts! This fun-filled class is all about letting your imagination run wild. Each week, we'll use colorful materials and wacky ideas to create awesome projects like funky slime, silly decorations, and more!

Perfect for kids of all ages, Crazy Crafts encourages creativity and play. Bring your curiosity and be prepared to make a mess as we dive into a world of fun and friendship. Let's get crafty and have a blast together!

Ages: 7-14

Session 1: Thursday, September 18– October 9

Session 2: Thursday, October 23– November 13

Location: Hickory Grove, Sunflower Room

Time: 6:00pm-7:00pm

Class # 10596

Time: 6:00pm-7:00pm

Class # 10597

Fee: Resident \$45 | Non-Resident \$68



HalloSTEAM

Get Ready for a Spook-tacular STEAM Adventure!

Join us for HalloSTEAM, where Halloween fun meets hands-on learning! Kids can come dressed in costume, mix up some spooky slime, and take on exciting Halloween-themed STEAM challenges. It's the perfect mix of creativity, science, and seasonal fun—a great way to celebrate and learn all at once!

Ages: 5-11

Date: Saturday, October 11

Location: ARC, Hickory Room

Class # 10598

Time: 9:00am-11:30am

Fee: Resident \$32 | Non-Resident \$48



Santa's STEAM Adventure

In this festive session, kids will work on a STEAM challenge to ensure Santa delivers gifts before Christmas morning, create Holiday Cheer Slime, and enjoy themed snacks.

Ages: 5-11

Date: Saturday, December 13

Location: ARC, Hickory Room

Class # 10599

Time: 9:00am-11:30am

Fee: Resident \$32 | Non-Resident \$48

Musical Theatre Mayhem

Get ready for Musical Theater Mayhem! In this lively class, kids will sing songs, act out scenes from their favorite musicals, and learn the basics of theater. From big group numbers to dramatic moments, it's all about having fun and bringing stories to life on stage!

Ages: 7-12

Session 1: Wednesday, September 17-October 8

Session 2: Wednesday, October 22-November 12

Location: Hickory Grove, Sunflower Room

Time: 5:15pm-6:10pm

Class # 10600

Time: 5:15pm-6:10pm

Class # 10601

Fee: Resident \$40 | Non-Resident \$60

YOUTH PROGRAMS



Mini Basketball

Pass, Shoot, SCORE! Join us as we introduce your young one to the sport of basketball! In this class we will work on hand-eye coordination necessary for dribbling, passing and shooting the ball.

Ages: 5-8 years

Dates: Tuesday, October 21 - November 18

Location: New Berlin ARC - Court #1

Time: 5:45pm-6:30pm Class # 10602

Fee: Resident \$64 | Non-Resident \$96

Parent & Me Basketball

Dribble, pass, shoot and score with this fun class for little athletes. This basketball program will teach the fundamentals of the sport in a safe and friendly environment. No experience necessary! Participants will work with a parent or guardian on all skills.

Ages: 3-4 years

Dates: Tuesday, October 21- November 18

Location: New Berlin ARC, Court #1

Time: 5:00pm-5:30pm Class # 10603

Fee: Resident \$64 | Non-Resident \$96

Mini Soccer (Indoor)

GOOOOALLL! Learn the fundamentals of soccer including footwork with the ball, passing, kicking goals and more! Participants will practice skills and work towards incorporating skills in a scrimmage by the end of the class. Class will be broken out by age to work on age appropriate skills.

Ages: 5-8 years

Session 1: Wednesday, September 10 - October 8

Session 2: Wednesday, October 22 - November 19

Location: New Berlin Arc, Court #1

Time: 5:45pm-6:30pm Class # 10604

Time: 5:45pm-6:30pm Class # 10605

Fee: Resident \$64 | Non-Resident \$96

Parent & Me Soccer (Indoor)

GOOOOALLL! Learn the fundamentals of soccer including footwork, passing, kicking goals and more! Participants will practice skills through various activities and challenges each week. Participants will work with a parent or guardian throughout practice.

Ages: 3-4 years

Session 1: Wednesday, September 10 - October 8

Session 2: Wednesday, October 22 - November 19

Location: New Berlin ARC, Court #1

Time: 5:00pm-5:30pm Class # 10606

Time: 5:00pm-5:30pm Class # 10607

Fee: Resident \$64 | Non-Resident \$96

Mini Sports of all Sorts

Hit a homerun, score a goal, and dribble past your opponent! Your little one will have a blast learning and sampling a variety of traditional sports! Recreation staff will instruct participants on the fundamentals of t-ball, basketball, and soccer, working on fundamental movements and skills as well as basic rules of the game. All participants should bring a baseball glove to class.

Ages: 5-8 years

Session 1: Thursday, September 11- October 9

Session 2: Thursday, October 23 - November 20

Location: New Berlin ARC, Court #1

Time: 5:45pm-6:30pm Class # 10608

Time: 5:45pm-6:30pm Class # 10609

Fee: Resident \$64 | Non-Resident \$96

Parent & Me Sports of all Sorts

This is a great opportunity to introduce a variety of sports to your young athlete! Each week, participants will learn a new sport such as t-ball, basketball, tennis, and soccer, under the direction of Recreation staff. Participants will work with a parent or guardian on all skills.

Ages: 3-4 years

Session 1: Thursday, September 11 - October 9

Session 2: Thursday, October 23-November 20

Location: New Berlin ARC, Court #1

Time: 5:00pm-5:30pm Class # 10610

Time: 5:00pm-5:30pm Class # 10611

Fee: Resident \$64 | Non-Resident \$96

YOUTH PROGRAMS

Mini Fall T-Ball (Outdoor)

Our Mini T-ball program is designed to give kids the opportunity to begin developing their ballistic skills and learn the important skills needed for baseball! We will cover throwing, catching, hitting, and fielding over the span of our five-week program. We will provide gloves, balls, and foam bats for participants.

Ages: 5-8 years

Dates: Saturday, September 13 - October 11

Location: Lions Park Field, 14900 W Overland Trail

Time: 9:45am-10:30am

Class # 10612

Fee: Resident \$64 | Non-Resident \$96

Parent & Me Fall T-Ball (Outdoor)

Our Parent & Me T-ball program is designed to give kids the opportunity to begin developing their ballistic skills and learn the important skills needed for baseball! We will work with both parent and child to cover throwing, catching, hitting, and fielding over the span of our five-week program. We will provide gloves, balls, and foam bats for participants.

Ages: 3-4 years

Dates: Saturday, September 13 - October 11

Location: Lions Park Field, 14900 W Overland Trail

Time: 9:00am-9:30am

Class # 10613

Fee: Resident \$64 | Non-Resident \$96

Grandparent & Me Pickleball (Indoor)

This program is designed to generate enthusiasm for pickleball with our youngest players. We will work with both child and parent or grandparent on developing sound fundamentals. All participants should wear tennis shoes and bring a paddle with them if possible. We will have a limited number of paddles available for use.

Ages: 7-10 years

Session 1: Saturday, September 20

Session 2: Saturday, October 18

Session 3: Saturday, November 15

Location: New Berlin ARC, Court #1

Time: 2:30pm-3:30pm

Class # 10614

Time: 2:30pm-3:30pm

Class # 10615

Time: 2:30pm-3:30pm

Class # 10616

Fee: Resident \$18 | Non-Resident \$27

YOUTH VOLLEYSTARS

This Co-Ed volleyball program is meant for youth from ages 7-9 & 10-12 years old looking for a fun and recreation league to participate in over the Fall. Teams will be made up of 7 players and the first two weeks will be skill clinics and then finishing off the season with games.

Ages 7-9

Mondays, September 8-October 27

Time: 6:00pm-7:00pm

Class # 10617

Ages 10-12

Mondays, September 8-October 27

Time: 7:00pm-8:00pm

Class # 10618

Location: New Berlin ARC- Court #2 and #3

Fee: Resident \$105 | Non-Resident \$141





ALL-STAR SPORTS CAMP

Join New Berlin Recreation for Youth Sports Camp at the ARC from 9AM–12PM on select no-school days! Each week we'll focus on a different sport, helping kids level up their skills through age-appropriate lessons, teamwork, and fun. It's the perfect way to stay active, learn new fundamentals, and build confidence on and off the field!

For kids ages 7-12 years of age.
Location: ARC, Court #1

Fee: Resident \$35 | Non-Resident \$43

Day	Time	Class #	Description
Nov 24	9am-12pm	10619	Dodgeball- Dodge, dip, dive, and throw! Build agility and coordination while playing exciting variations of dodgeball in a safe, high-energy environment. Teamwork and sportsmanship are always part of the game.
Nov 25	9am-12pm	10620	Kickball- Run the bases and kick it into high gear! Kickball is the perfect mix of movement, strategy, and fun. Learn the rules, develop coordination, and enjoy friendly games that focus on teamwork and active play.
Dec 22	9am-12pm	10621	Basketball -Dribble, pass, and shoot your way through a fun-filled day of basketball basics! Learn core skills and improve your game with exciting drills and game-like challenges designed to build confidence and teamwork.
Dec 23	9am-12pm	10622	Volleyball - Bump, Set and Spike your way into a day of fun and teamwork learning fundamentals about Volleyball! Learn the basics and develop your skills through game like scenarios.
Dec 29	9am-12pm	10623	Gym Games- Get ready for a fast-paced day filled with classic gym favorites! From relay races to tag games and everything in between, Gym Games will keep kids moving, laughing, and working together while building coordination, sportsmanship,
Dec 30	9am-12pm	10624	Nerf- Take aim and get moving with Nerf action! Campers will learn teamwork, strategy, and safe gameplay through exciting missions and challenges using Nerf blasters. Active, creative, and tons of fun!





Bucks One Day Fall Clinic

Share the energy of Bucks basketball with your youngsters! Milwaukee Bucks Fall Clinics introduce kids ages 5-12 to the most exciting elements of the game and bring the fundamentals of basketball to life with a focus on:

- Teamwork: Playing with friends and working together fosters great team spirit and camaraderie.
- Skill Development: Dribbling shooting, and passing are fun to learn and also improve coordination and athleticism.
- Fast-Paced Action: The game is always moving and players will be active throughout the clinic.



Bucks clinic coaches are selected for their basketball knowledge and ability to engage with youth of all ages. All fall clinic registrants will have the opportunity to add a Milwaukee Bucks Youth Basketball branded basketball and/or performance t-shirt to their clinic package for an additional fee.

Location: New Berlin ARC, Court #1 & #2

Time: 10:00am - 12:00pm

Cost: \$50

Date: Saturday, October 25

Class # 10625



LITTLE DRIBBLERS

Milwaukee Bucks Little Dribblers

The Milwaukee Bucks Little Dribblers Program is open to kids ages 4-10 and takes place over a four-week period. Each weekly session lasts for one hour and is designed to introduce your child to the fundamentals of basketball including: dribbling, passing and shooting skills. Every Little Dribblers participant will receive a jersey, Bucks youth basketball branded basketball, ticket and a chance to show their skills at a Bucks home game during the 24-25 season.

Location: New Berlin ARC, Court #3

Time: 5:00pm-6:00pm

Cost: \$120

Date: Wed., September 10-October 1

Class # 10626

**Registration is OPEN! <https://tnbabasketball.com/bucks/>
And find our program details under Fall Clinics and Little Dribblers.**

Can also register with us using the class #!





**NEW BERLIN
YOUTH
BASKETBALL
LEAGUE**

REGISTER NOW!

**GRADES
5K-8TH**

\$85

**MID
NOVEMBER-
FEBRUARY**

19

YOUTH PROGRAMS

Technical Soccer Training with Field 99

Level Up your soccer skills with Field 99 and their team of experienced coaches (local Pro Players and local head coaches of outdoor club and Futsal). In the 60 minutes, your athlete will work on speed and movement with the soccer ball. The variety of drills provided will cover ball control, basics of passing and receiving and striking at the goal. Each session comes with a variety of soccer techniques and drills to get athletes ready for game-like situations.



Session 1: Ages 8-12: Mon., Sept. 8– Oct. 6	Time: 5pm-6pm	Fee: Res. \$108 Non-res. \$144	Class # 10627
Session 2: Ages 8-12: Mon., Oct. 13-Nov. 10	Time: 5pm-6pm	Fee: Res. \$108 Non-res. \$144	Class # 10628
Session 3: Ages 8-12: Mon., Nov. 17-Dec. 15	Time: 5pm-6pm	Fee: Res. \$108 Non-res. \$144	Class # 10629

Location: New Berlin ARC, Court 1



FAMILY NIGHTS

TGIF! Looking for something fun to do after a long week of work and school? We have got all of the fun right here! Join us once a month for an evening full of family fun! Register ONCE per family!

Time: 4-6pm

Fee: \$10 per family

Location: ARC, Hickory Room

Friday, September 19 Nerf Blaster Battle Class # 10630

Bring your own NERF blaster, required eye protection, and prepare for a fun night of games! We will supply darts, so you can leave yours at home. A limited supply of NERF blasters are available on sit for those who do not have one. We will be taking over the gym for the evening!

Friday, October 24 Spooky Bingo Class # 10631

Join us for a spooky twist on Bingo Night—inside the ARC where ghosts and giggles await! Enjoy family-friendly fun, festive prizes, and a frightfully good time in a cozy indoor setting.

*FREE FOR RECPASS MEMBERS AS A PART OF OUR NOT-SO-HAUNTED HAPPENINGS!

Friday, November 14 Nerf Blaster Battle Class # 10632

Bring your own NERF blaster, required eye protection, and prepare for a fun night of games! We will supply darts, so you can leave yours at home. A limited supply of NERF blasters are available on sit for those who do not have one. We will be taking over the gym for the evening!

YOUTH PROGRAMS

Youth Golf Camps with Moorland Road Golf Center

All programs are held at the Moorland Road Golf Center (5900 S. Moorland Road) and led by MRGC Staff. All equipment (including golf balls) will be provided, but participants are welcome to bring their own equipment if they prefer. Please arrive a few minutes before the start of each program date as each class is designed to fit that specific time frame.

Fee: Resident \$65, | Non-Resident \$98

Lions, Tigers, & Bogeys, Oh My! - Youth Golf Camp (Ages 4-6)

With the help of the staff at Moorland Road Golf Center, this program is designed to introduce youngsters to the game of golf. Students will have fun while learning the basics of the golf swing, the short game, etiquette, and how the game is played. All equipment including golf balls will be provided.

Session:	Day/Dates:	Time:	Class #:
Session 1:	Mondays, September 8- 29	4:30pm-5:15pm	10633
Session 2:	Tuesday, September 2- 23	4:30pm-5:15pm	10634
Session 3:	Mondays, October 6- 27	4:30pm-5:15pm	10635
Session 4:	Tuesday, September 30- October 21	4:30pm-5:15pm	10636
Session 5:	Mondays, November 3 - 24	4:30pm-5:15pm	10637
Session 6:	Tuesday, October 28- November 18	4:30pm-5:15pm	10638

Tee Party - Youth Golf Camp (Ages 7-10)

This program teaches kids the fundamentals necessary to play and enjoy the game of golf. These fundamentals include grip, set-up, full-swing, putting, chipping, pitching, and etiquette, to name a few. Golf balls are included.

Session:	Day/Dates:	Time:	Class #:
Session 1:	Mondays, September 8- 29	5:30pm-6:15pm	10639
Session 2:	Tuesday, September 2- 23	5:30pm-6:15pm	10640
Session 3:	Wednesdays September 3-24	5:30pm-6:15pm	10641
Session 4:	Mondays, October 6- 27	5:30pm-6:15pm	10642
Session 5:	Tuesday, September 30- October 21	5:30pm-6:15pm	10643
Session 6:	Wednesdays October 1-22	5:30pm-6:15pm	10644
Session 7:	Mondays, November 3 - 24	5:30pm-6:15pm	10645
Session 8:	Tuesdays, October 28- November 18	5:30pm-6:15pm	10646
Session 9:	Wednesdays, October 29- November 19	5:30pm-6:15pm	10647

Green Days - Junior Golf Camp (Ages 11-15)

This program teaches kids the fundamentals necessary to play and enjoy the game of golf. These fundamentals include grip, set-up, full-swing, putting, chipping, pitching, and etiquette, to name a few. Golf balls are included.

Session:	Day/Dates:	Time:	Class #:
Session 1:	Mondays, September 8- 29	6:15pm-7:00pm	10648
Session 2:	Tuesday, September 2- 23	6:15pm-7:00pm	10649
Session 3:	Mondays, October 6- 27	6:15pm-7:00pm	10650
Session 4:	Tuesday, September 30- October 21	6:15pm-7:00pm	10651
Session 5:	Mondays, November 3 - 24	6:15pm-7:00pm	10652
Session 6:	Tuesday, October 28- November 18	6:15pm-7:00pm	10653

Katie Vitalbo Hands-On Cooking

Katie Vitalbo, a certified pastry chef, has over 15 years of culinary teaching experience. Katie uses recipes that are easy to follow and ingredients that are easy to find. From cupcakes to gourmet pizza, her hands-on classes get students excited about cooking and baking at home.

Location: New Berlin ARC, Maple Room (Kitchen)

Fee: Resident \$45, | Non-Resident \$68

Crumbl Cookie Mania (Ages 8-16)

Session 1: Saturday, October 18 from 9:00am-11:00am

Class # 10654

Session 2: Saturday, October 18 from 12:00pm-2:00pm

Class # 10655

In this fun and hands-on kids cooking class, young bakers will step into the world of gourmet cookies as they learn how to recreate their favorite Crumbl-style treats from scratch.

Homemade Pasta (Ages 8-16)

Session 1: Saturday, November 15 from 9:00am-11:00am

Class # 10656

Session 2: Saturday, November 15 from 12:00pm-2:00pm

Class # 10657

Young chefs will learn how to mix, knead, and roll fresh pasta dough from scratch—just like real Italian Nonnas. Kids will create their own pasta, cook them to perfection, and whip up a simple, delicious sauce—such as classic marinara—to go with it.

Gingerbread House (Ages 8-16)

Session 1: Saturday, December 13 from 9:00am-11:00am

Class # 10658

Session 2: Saturday, December 13 from 12:00pm-2:00pm

Class # 10659

Get into the holiday spirit with frosting, candy, and creativity! In this festive hands-on class, kids will have a blast assembling and decorating their very own gingerbread house from start to finish. Each child will receive a pre-baked gingerbread house kit and all the sweet supplies they need—colorful candies, royal icing, sprinkles, and more! Kids will learn basic building tips, piping techniques, and fun ways to personalize their creations.

CULINARY CLASSES FILL UP QUICKLY, SO SIGN UP RIGHT AWAY TO ENSURE YOUR SPOT!



SAFETY PROGRAMS

FREE!

Captain Wellness a partnership with Waukesha County Health & Human Services

Captain Will Ness (Wellness) and the Pirates of your Health (Basic health best for 2nd grade and younger.) Arrr! Captain Will Ness will be talking about the Pirates of ye Health. The pirates of ye health be the things that slowly steal ye health away like germs, not exercising and unhealthy food. Aye, explore fun ways to fight those germs, move more and eat the good stuff. Don't be a hammock potato. Swing on by and we'll dive into ways to be healthy and stay aware of The Pirates of ye Health. Yaar.

Location: New Berlin ARC, Hemlock Room

Instructor: Dan Michaels

Class # 10660

Date: October 9

Time: 6pm

Fee: Free, pre reg. req.

American Red Cross Babysitting

This course is ideal for current and future babysitters - teaching them the best ways to keep themselves and the children in their care safe. Feeding, diapering, safety, safe play, first-aid, leadership, and professionalism are some of the topics that will be covered. NOTE: Participant's attendance is required for the full 6 hours. Students may bring a snack and a drink to class. Please bring a notebook and pen or pencil for taking notes.

No refunds or transfers less than 10 business days before class.

Ages: 11-16 years

Class 1: Monday, October 13 & 20

Time: 4:00pm-7:00pm

Class # 10661

Class 2: Monday, December 1 & 8

Time: 4:00pm-7:00pm

Class # 10662

Location: Hickory Grove, Sunflower Room

Fee: Resident \$90 | Non-Resident \$126

Hunter Safety

This Hunter Safety course is in conjunction with the Wisconsin DNR. All ages are allowed, however youth participants are recommended to be turning 12 within one year of course completion. A parent or guardian must accompany a youth participant for at least the first 45 minutes of the first class on Wednesday, September 3, 2025. A written exam will be conducted. NO field day will be conducted during this session.

Date: 9/3, 9/10, 9/15, 9/17, 9/22, 9/24

Time: 6:30pm-9:00pm

Class # 10663

Location: Hickory Grove, Sunflower Room

Fee: \$10 Material fee due the first day

Pet First Aid and CPR certification

Adults and Teens (Ages 16+)

Do you know what to do in the event of a pet emergency? Learn how to provide support to an injured or ill pet until vet care is available. Learn proper first aid and pet CPR techniques for dogs or cats. Information will be provided about assembling your own pet specific first aid kit, so you are prepared in an emergency. After completion, in accordance with veterinarian reviewed and approved Pet Pro Hero curriculum, you will receive a 2-year certification. This class is ideal for pet owners and pet professionals alike – includes hands on practice of skills and digital textbook. All supplies included.

Ages: 16 and older

Date: Tuesday, December 2

Time: 5:30pm-8:30pm

Class # 10664

Location: Hickory Grove, Sunflower Room

Fee: Resident \$68 | Non-Resident \$102

Safe Sitters: Grandparents- Getting Started

A class geared towards mature members of the community to become caregivers. Many things have changed since you raised your children. It is important to learn the new recommendations for care based upon research from doctors and scientists studying the physical and emotional development of infants and children. Learn how to safely care for infants and children and how to manage behavior, in addition to life-saving skills such as choking rescue, first aid, and injury management.

Ages: 18 and older

Date: Tuesday, September 23

Time: 9:00am-12:00pm

Class # 10665

Location: Hickory Grove, Sunflower Room

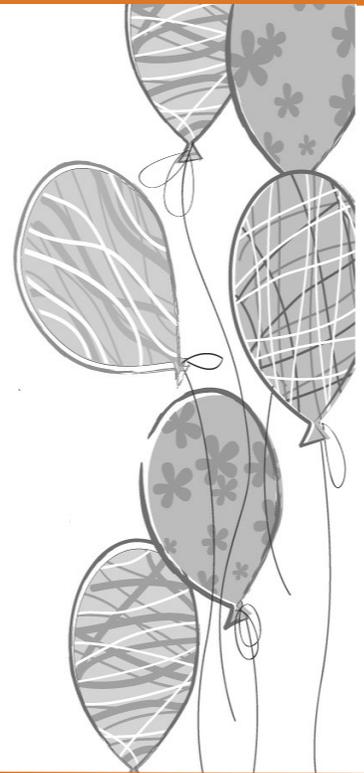
Fee: Resident \$68 | Non-Resident \$102

BIRTHDAY PARTIES

Want to have the BEST PARTY EVER?! Look no further! Bring your child and 19 of their friends to the ARC and we will take care of the rest. Choose between two different birthday packages, you can have a party on our indoor playground!

All party reservations are held on Saturday's from 12:00pm-2:00pm.

Birthday Party reservations may only be made up to four months in advance. Stop by our front desk to reserve your party today!



Party Type	What's included	Fee	Non-Resident Fee
Playground	Party room with tables & chairs for 20 attendees, birthday décor, use of indoor playground throughout party time.	\$225	\$290
Playground All-in	Includes everything from "Playground Party" PLUS cheese pizza and juice boxes for 20 attendees.	\$285	\$350



JOIN NOW!



RECPASS

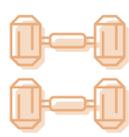
MEMBERSHIP AT THE ARC

RecPASS is a membership that allows for unlimited visits to any drop-in programs at the New Berlin Activity and Recreation Center. Drop-In programs currently include the track, open gym, open pickleball, open volleyball, & our cardio & strength equipment.



Open Gym

Enjoy Open gym hours, including open pickleball, volleyball, and basketball



Professional Equipment

Enjoy easy to use cardio and strength equipment for more efficient workouts



Walking Track

Head over to the ARC during opening hours and enjoy the walking track at your leisure

Scan the QR Code for more information about the ARC or to view facility calendars



**DAILY, MONTHLY, OR ANNUAL PASSES
ARE AVAILABLE FOR THE GYM/TRACK OR
PLAYGROUND.**

INSURANCE MEMBERSHIPS

**YOUR HEALTH INSURANCE
COVERAGE MAY INCLUDE A**

**FREE
RECPASS**

PROUD PARTNERS WITH:



**COMING
SOON**



**CHECK WITH YOUR INSURANCE IF YOU QUALIFY FOR A
FREE MEMBERSHIP.**

REC PASS

Looking for a place to shoot hoops, practice your volleyball skills, or enjoy a casual game of pickleball? The **Open Gym at the ARC** offers a flexible, drop-in environment for all ages and skill levels. Whether you're looking to stay active, play with friends, or meet new people, our gym provides a welcoming space for recreational play.

In addition to Open Gym, members can take advantage of the **indoor walking track** and **fitness mezzanine**, equipped with cardio and strength training equipment to support your fitness goals. No pre-registration is required - just drop in and enjoy! Equipment is available for checkout with a monthly or annual membership. Open Gym times are sport-specific and subject to change based on facility schedules and rentals.

For the most up-to-date schedule, visit our website: www.newberlinwi.gov/rec.

FACILITY HOURS	
MON-THURS	7:00AM-9:00PM
FRIDAY	7:00AM-6:00PM
SATURDAY	9:00AM-4:00PM
SUNDAY	CLOSED



ARC TRACK AND GYM PASS		
	RESIDENT	NON-RESIDENT
ANNUAL PASS		
YOUTH	\$120 (\$10/MONTH)	\$180 (\$15/MONTH)
OLDER ADULT (55+)	\$120 (\$10/MONTH)	\$180 (\$15/MONTH)
ADULT (18-54)	\$204 (\$17/MONTH)	\$300 (\$25/MONTH)
FAMILY	\$396 (\$33/MONTH)	\$600 (\$50/MONTH)
MONTH PASS		
YOUTH	\$18	\$29
OLDER ADULT (55+)	\$18	\$29
ADULT (18-54)	\$30	\$48
FAMILY	\$60	\$96
DAILY PASS		
YOUTH	\$3	\$5
OLDER ADULT (55+)	\$3	\$5
ADULT (18-54)	\$5	\$8
FAMILY	\$10	\$16



NEW BERLIN LIONS CLUB
GYMNASIUM AND TRACK

New at the ARC!

Complementary Exercise Equipment Help



Wednesdays 7am-9am

Keep your body strong and maximize your workouts on our machines in the Mezzanine with the help and guidance of Eddie Banks.

And sign up for a Monthly or Annual ARC Membership and receive **TWO FREE Personal Training Sessions** with Eddie.



REC PASS



Join us throughout the year for an exhilarating climbing and sliding experience at the New Berlin Activity and Recreation Center Playground. Our dynamic indoor playground provides an ideal space for your young ones to frolic during day camp, on rainy days, or simply to let loose their energy! Acquire a RecPASS membership for limitless access, or opt for a day pass to enjoy a one-time visit. Visit www.newberlinwi.gov/rec for more information!

PLAYGROUND HOURS	
MON-THURS	7:00AM-9:00PM
FRIDAY	7:00AM-6:00PM
SATURDAY	9:00AM-11:30AM
SATURDAY	2:30PM-3:30PM
SUNDAY	CLOSED

ARC PLAYGROUND PASS		
	RESIDENT	NON-RESIDENT
ANNUAL PASS		
SINGLE CHILD (12 and under)	\$120 (\$10/MONTH)	\$180 (\$15/MONTH)
FAMILY	\$204(\$17/MONTH)	\$264 (\$22/MONTH)
MONTH PASS		
SINGLE CHILD (12 and under)	\$18	\$29
FAMILY	\$23	\$34
DAILY PASS		
SINGLE CHILD (12 and under)	\$3	\$5
FAMILY	\$5	\$7

PLAYGROUND USE POLICIES:

- Play equipment is designed for children ages 2 years and older
- Playground must be supervised by an adult 18 years or older, with no more than 3 children per supervising adult.
- Playground capacity is limited to 60 children. Admission will not be granted once we reach capacity.





SPONSORSHIPS

Join Our Team! Impact your community!

ARC FACILITY NAMING RIGHTS

TEAM & LEAGUE SPONSORS

SPECIAL EVENT SPONSORS

SIGNAGE & BANNERS

PROGRAM & ACTIVITY SPONSORS

New Berlin Recreation is looking for local businesses and organizations to join our partnership program. From a team sponsorship to year round exposure, our partnerships will fit your marketing goals and budget. Learn more how you can get involved: newberlinwi.gov/184/sponsorship-opportunities



NAMING RIGHTS PARTNERS



HORICON BANK
The Natural Choice

Thank you for your continued support of New Berlin Recreation. Through your generosity, we are able to provide parks, facilities, and programming for our residents of all ages.

Cooking with Class Food Demonstrations with Staci Joers

Staci has an Associate's Degree in Restaurant and Hotel Cookery from MATC and has worked for such prestigious places as Hubbard Park Lodge and Brubaker's. These classes are designed for the novice, as well as the seasoned veteran. Please bring a beverage, notepad, and pen to class.

Enrollment Maximum: 30 participants

6:30pm-9:00pm ● Resident \$28 | Non-Resident \$42 ● New Berlin ARC, Maple Room

*** These popular classes fill quickly! We may open up additional class times due to large waitlists. *
If a program is full and you are interested in participating, please add your name to the waitlist!**

Italian Classics

Get inspired by the flavors of Italy with these delicious classic recipes. I'll prepare...

*Classic Caesar**, *Cacio e Pepe*, *Butterscotch Budino (pudding)* *CONSUMING RAW OR UNDERCOOKED EGGS, MEATS, POULTRY, SEAFOOD, OR SHELLFISH MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

Date: Monday, September 8

Class # 10400—Registration open now, 2 Spots left!

Fusion Flavors

Join me and enjoy some culinary creations that blend ingredients and cooking techniques from different cultures, resulting in unique and innovative taste profiles. This trend has become popular due to globalization and the increasing interest in trying new and diverse flavors. You'll sample...Easy Scallion Pancakes with Soy dipper, Giant Couscous Risotto with Chile Crunch and Mongolian Beef, and 5-Spice Apple Almond Galette.

Date: Monday, October 6

Class # 10666

Friendsgiving

Friendsgiving is a fun, festive way to show gratitude and to enjoy the company of friends who feel like family. You'll sample some great recipes that will be the star of your very own get-together.

You'll sample... Thanksgiving Salad with Pickled Apple Vinaigrette, Stuffing-stuffed Turkey Meatballs in gravy with fresh Cranberry Sauce, Crispy Shallot Mashed Potatoes, and Pumpkin Truffles.

Date: Monday, November 10

Class # 10667

Fall Dinner

Classic Italian comfort food perfect for chilly winter evenings. You'll sample...*Toasted Pine Nut Pesto with Goat Cheese on Baguette*, *Bolognese Meat Sauce*, *Homemade Pappardelle*, and *Panna Cotta with Berries*.

Date: Monday, December 1

Class # 10668



Cake Decorating with Barb (18+)

Barb Chucka, a Certified Wilton Method Instructor for over 20 years, is the owner of *One Cake at a Time, LLC*, a custom cake, cupcake, and cookie business in New Berlin. With Barb by your side, you will learn tips and tricks to make your sweets look great and taste even better. This is a great opportunity for those with food allergies to make their own desserts taste and look amazing.

Location: New Berlin ARC, Maple Room



Cake of the Month Series \$75 R | \$111NR



Cake Decorating Class- Ice Cream Cup Cake

Learn to decorate a cake like a pro with Barb at your side! Turn a simple cake into a designer centerpiece for your own event or to give as a gift. It's Sundae on Tuesday night! In this course you will learn to shape, frost and decorate an ice cream cup using buttercream and chocolate. No fondant here! All levels of cake decorating experience welcome. Cake and all supplies will be provided, including a box to take your masterpiece home and enjoy.

Date: Tuesday, September 23

Time: 6:30pm-8:30pm

Class # 10669

Cake Decorating Class- Coffee Cup Cake

Learn to decorate a cake like a professional with Barb at your side! Turn a simple cake into a designer centerpiece for your own event or to give as a gift. Have your Coffee and Eat it Too! In this course you will learn to frost and smooth a cake, add candy clay embellishments to create a cheery little coffee mug cake perfect for any event, to give as a gift or to enjoy by yourself. All levels of cake decorating experience welcome. Cake and all supplies will be provided, including a box to take your masterpiece home and enjoy.

Date: Tuesday, October 21

Time: 6:30pm-8:30pm

Class # 10670



Cake Decorating Class- Fairy Garden House Cake

Learn to decorate a cake like a professional with Barb at your side! Have an Enchanted Evening with Barb! Turn a simple cake into a designer centerpiece for your own event or to give as a gift. In this course you will learn to shape, frost and decorate a magical fairy house cake using buttercream and chocolate to make miniature flowers and butterflies. No fondant here! This cake can be frozen and served for your Thanksgiving celebration. All levels of cake decorating experience welcome. Cake and all supplies will be provided, including a box to take your masterpiece home and enjoy.

Date: Tuesday, November 18

Time: 6:30pm-8:30pm

Class # 10671

Cake Decorating Class- Christmas Tree Cake

Learn to decorate a cake like a professional with Barb at your side! Oh Christmas Tree! Turn a simple cake into a designer centerpiece for your own event or to give as a gift. In this course you will learn to frost and create a 3D Christmas Tree cake complete with ornaments and decorations using buttercream and chocolate. This cake can be frozen and served for your Christmas celebration. All levels of cake decorating experience welcome. Cake and all supplies will be provided, including a box to take your masterpiece home and enjoy.

Date: Tuesday, December 16

Time: 6:30pm-8:30pm

Class # 10672



ADULT CULINARY

Cake Decorating with Barb (18+)

Barb Chucka, a Certified Wilton Method Instructor for over 20 years, is the owner of *One Cake at a Time, LLC*, a custom cake, cupcake, and cookie business in New Berlin. With Barb by your side, you will learn tips and tricks to make your sweets look great and taste even better. This is a great opportunity for those with food allergies to make their own desserts taste and look amazing.

Location: New Berlin ARC, Maple Room

Decorating Skill Building Class \$55 R | \$82 NR

Decorating Skill Building Class – Basic Buttercream for Decorating Cakes– 201

All levels of cake decorating experience welcome. All supplies will be provided including a container to take your decorated cupcakes home and enjoy. Build on your buttercream skills; Advanced borders, Textures for cakes, Basketweave technique, Simple flowers, and Leaves.

Date: Tuesday, September 9 Time: 6:30pm-8:30pm Class # 10673



Decorating Skill Building Class – Buttercream Roses

Yes, you can! Have fun learning how to use the flower nail and the right consistency of buttercream to make delicious and beautiful roses for your cakes and cupcakes. All levels of cake decorating experience welcome. All supplies will be provided including a container to take your decorated cupcakes home and enjoy.

Date: Tuesday, October 7 Time: 6:30pm-8:30pm Class # 10674

Decorating Skill Building Class – Basic Buttercream for Decorating Cakes– 101

This is the class to take to learn all the basics! Learn how to make perfect buttercream for frosting, decorating and making flowers! How to prepare and use a pastry bag, How to fill and frost a cake, How to identify and use different decorating tips, Make stars, rosettes, dots and borders. All supplies will be provided including cake and a box to take home your creation., All levels of cake decorating experience welcome.

Date: Tuesday, November 4 Time: 6:30pm-8:30pm Class # 10675



TRIPS

****Important Kayaking Program Information:** All trips require competent paddling ability, and are not for beginner paddlers! Participants are encouraged to bring binoculars and/or cameras. Kayaks are not provided: registrants must provide their own or select the added rental fee (\$20 per person) at the time of registration. No refunds will be permitted!

Big Muskego Lake Scenic Kayak Tour

Come join the Muskego Recreation staff and our very own Conservation Coordinator guiding you on a kayaking excursion on beautiful Big Muskego Lake.

Big Muskego Lake is recognized as a regionally significant natural area and an Important Bird Area. Enjoy an evening of paddling this deep-water marsh habitat via kayak to observe nesting Ospreys, eagles, pelicans, swans, potentially endangered Forster's terns, as well as many other marsh birds and waterfowl. This trip will require competent paddling ability. Bring binoculars (and/or camera).

Attendees are encouraged to bring their own kayak or canoe, paddles, & PFD, however these will be provided at an additional expense, if needed. **Trip will commence and end at Boxhorn Boat Launch located at S90W13976 Boxhorn Drive.**

Dates: Wednesday, September 3 Time: 5:00pm - 7:30pm Class # 10676

**Cost for tour: Resident, own kayak \$15 Kayak Rental Add on Fee: \$20
Non-Resident, own kayak \$22 Kayak Rental Add on Fee: \$20**

Fox River Guided Kayak Trip

Come join the Muskego Recreation staff on a one-way paddling trip down the Fox River. On this morning trip down the Fox River, participants will enjoy 6 miles of secluded beauty of the river starting at the Big Bend Park and traveling to Bobberz Tavern which is located right on the river at 8330 Fox River Rd, Waterford. This section is beautiful in its own right which travels through secluded prairie scenery and is just north of the Tichigan State Wildlife Area.

Attendees are encouraged to bring their own kayak or canoe, paddles, & PFD, however these will be provided at an additional expense if needed. Complimentary shuttling will be available before the trips begins, making your vehicle available at Bobberz Tavern where we finish. The Shuttle will depart promptly at 10:00am. If you are utilizing your own kayak, you will need to make arraignments to drop your equipment at Big Bend Park Boat Launch before the trips begins and have your vehicle at **Bobberz Tavern** to catch the 10:00am shuttle. Additional details regarding shuttle transportation and equipment drop off will be provided at registration.

Dates: Sunday, September 7 Time: 10:00am - 12:00pm Class # 10677

**Cost for tour: Resident, own kayak \$20 Kayak Rental Add on Fee: \$20
Non-Resident, own kayak \$22 Kayak Rental Add on Fee: \$20**

Lulu Lake Scenic Guided Kayak Tour

Come join the Muskego Recreation staff on a paddle into one of Southeastern Wisconsin's secret lakes, Lulu Lake! This lake is lovely and charming, and the trip will have a sense of adventure and exploration. We will depart on a 5-mile paddle starting at Eagle Springs Lake to find this secret lake, one that's surrounded by public land in the Kettle Moraine State Forest and protected as a state natural area.

Attendees are encouraged to bring their own kayak or canoe, paddles, & PFD, however these will be provided at an additional expense if needed. **We will meet at Eagle Springs Lake public boat launch off Wambold Road, Mukwonago.** Additional details of location will be provided at registration.

Dates: Wednesday, September 10 Time: 5:00pm - 7:15pm Class # 10678

**Cost for tour: Resident, own kayak \$20 Kayak Rental Add on Fee: \$20
Non-Resident, own kayak \$22 Kayak Rental Add on Fee: \$20**



ADULT PROGRAMS

Par-fection - Golf Clinic (Ages 16+) at Moorland Road Golf Center

With the help of the staff at Moorland Road Golf Center, this program is designed for the beginning golfer as we will focus on proper grip, stance, set-up, chipping, sand play, equipment, basic rules, and golf etiquette. Participants are welcome to bring their own clubs otherwise a limited supply is available at MRGC. Golf balls are not included.

Fee: Resident \$65 | Non-Resident \$98

	Day/Dates:	Time:	Class #:
Session 1:	Wednesdays September 3-24	6:15pm-7:00pm	10679
Session 2:	Wednesdays October 1-22	6:15pm-7:00pm	10680
Session 3:	Wednesdays October 29- November 19	6:15pm-7:00pm	10681



Instant Guitar for Hopelessly Busy People- ZOOM CLASS

For 13+. In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture/demonstration.

Ages: 13 years and older

Dates: Saturday, September 27

Location: ZOOM

Class # 10682

Time: 1:00pm-3:30pm

Fee: Resident \$62 | Non-Resident \$93



Instant Piano for Hopelessly Busy People- ZOOM CLASS

For 13+. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture demonstration.

Ages: 13 years and older

Dates: Saturday, September 27

Location: ZOOM

Class # 10683

Time: 9:00am-12:00pm

Fee: Resident \$62, | Non-resident \$93

GREETINGS FROM NEW BERLIN



35



EST. 1959
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county





NATIONAL AVE.
RECREATION

city living with a touch of country



ACTIVITY & RECREATION CENTER

ADULT PROGRAMS

Watercolor Workshop

Have you ever wanted to try watercolor painting but didn't know where to begin? Explore the beauty of this incredible medium. You will develop skills starting with basic color mixing, and learn about color theory and art elements. The class will include demonstrations and individual guidance. Images will be provided so you can follow along with using them in the classroom and later apply them to your own reference paintings. A supplies list will be included on your registration receipt.

Instructor: Joyce Eesley—www.joyceeesley.com

Ages: 18+

Date: Monday, September 15-October 20

Location: Hickory Grove, Sunflower Room

Class # 10684

Time: 1:30pm-4:00pm

Fee: Res. \$45 | Non-Res. \$68

Advanced Watercolor Workshop

This watercolor class is geared toward the inexperienced as well as students who took the Watercolor I class. The instructor will meet you at your level of watercolor painting knowledge. It will include a variety of materials, techniques, and demonstrations that you can later apply to your paintings using your own reference images. Images will be provided so you can learn the techniques demonstrated. A supplies list will be included on your registration receipt.

Instructor: Joyce Eesley—www.joyceeesley.com

Ages: 18+

Date: Monday, October 27-December 1

Location: New Berlin ARC, Hickory Room

Class # 10685

Time: 1:30pm-4:00pm

Fee: Res. \$45 | Non-Res. \$68

Paint & Sip Adults 18+

Looking for a fun and relaxing way to treat yourself? Look no further! Join us for our fall paint and sip at Valley View park. Bring a drink of your choice to sip on while our instructor guides you through your step by step masterpiece. No experience required. Instructions are courtesy of Grape Escape, LLC.

Consider pairing with our Parent Night Out! Drop the kids off with our experienced instructors at the ARC while you relax and enjoy an evening in the park.

Date: September 26 Time: 6:00pm - 7:00pm

Location: Valley View Park

Class # 10686

Fee: Res. \$20 | Non-Res. \$30

NEW!

Creative Card Making

We'll make greeting cards that will be suitable for almost any occasion. Cards will be made using a variety of tools, such as rubber stamps, die cutting, embossing, heat tools, unique folding techniques, and shaker cards to name a few. All supplies will be furnished. Each class and time makes a different set of cards, so you could come twice in a day!

Dates: October 9 & November 6

October 9 AM: Time: 10:00am - 12:30pm

October 9 PM Time: 6:30pm-9:00pm

November 6 AM: Time: 10:00am - 12:30pm

November 6 PM Time: 6:30pm-9:00pm

Location: New Berlin ARC, Willow Room

Instructor: Nancy Lee

Instructor: Helene Rondorf

Instructor: Nancy Lee

Instructor: Helene Rondorf

Class # 10687

Class # 10688

Class # 10689

Class # 10690

Fee: \$15 per class

NEW!

Making Christmas Cards

You'll make 8 festive Christmas cards, ready to mail, complete with postage stamps! Lots of glitz and glitter along with special folds to make your holiday wishes unique! All supplies will be furnished. There will be Christmas cookies to enjoy as well. Each class and time makes a different set of cards, so you could come twice in a day!

Dates: December 4

Session 1: Time: 10:00am - 12:30pm

Session 2: Time: 6:30pm-9:00pm

Location: New Berlin ARC, Willow Room

Instructor: Nancy Lee

Instructor: Helene Rondorf

Class # 10691

Class # 10692

Fee: \$20 per class



NEW!

Colorful Quilting Trunk Show

The Log Cabin Quilt Guild is presenting a trunk show to introduce, display, and discuss a large variety of quilting projects to exemplify various techniques. Projects range from small to large, simple to complex.

Go to <https://logcabinquiltersguildofwi.com/> for more information.

Location: Hickory Grove, Rose Room

Date: September 24

Time: 6:30pm-7:30pm

Class # 10693

Fee: FREE, pre-reg. preferred

ADULT PROGRAMS

NEW!

FREE WAUKESHA COUNTY PUBLIC HEALTH CLASSES

PRE-REGISTRATION REQUIRED

Laughter Yoga - September 9 - 6pm

You may have heard about the health benefits of laughter including stress reduction, improved oxygen intake, boosted immune system and others. However, is there enough humor around us to get enough laughter throughout the day? Laughter yoga teaches anyone can laugh without relying on humor, jokes, or comedy. Laughter Yoga is a unique laughing exercise routine which combines unconditional laughter with breathing exercises. Come learn laughing exercise that can get you to laugh anywhere anytime to gain the health benefits of laughing....And have fun! Registration Required.

Location: New Berlin ARC, Willow Room

Instructor: Dan Michaels

Class # 10694

QPR: Question Persuade, Refer, Suicide Prevention Training - September 16 - 6pm

The QPR course mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. The signs of crisis are all around us. Quality suicide prevention education empowers all people, regardless of their background, to make a positive difference in the life of someone they know. Just like CPR, QPR is an emergency response to someone in crisis and can save lives. QPR is the most widely taught Gatekeeper training in the world. Registration Required.

Location: New Berlin ARC, Willow Room

Instructor: Dan Michaels

Class # 10695

Preventing Diabetes - November 4 - 10am

Did you know that more than 1 in 3 people have prediabetes? If left unaddressed, prediabetes can develop into type 2 diabetes, which is a serious condition! Think of prediabetes as your window of time to take action and prevent further health complications. In this session, learn about your risk for prediabetes and what steps you can take to prevent it from developing into type 2 diabetes. Registration Required.

Location: New Berlin ARC, Willow Room

Instructor: Dan Michaels

Class # 10696

Positive Parenting Workshops



Parenting isn't always easy! Join us for these great classes that teach how to spend less time battling challenging behavior and more time building close relationships. Experienced Parent Educators and accredited Triple P Providers will help you develop positive parenting skills to manage stress and encourage healthy habits, and that can mean more good days for your family! All classes are free; pre-registration required. These programs are recommended for caretakers with children between the ages of 0-12. **Free Virtual Seminar via Teams, Pre-registration Required.** **Fee: FREE** **Location: Virtual**

Supporting your Child w/ ADHD —Tuesday, September 9

6:00pm-7:30pm

Class # 10697

The Power of Positive Parenting —Monday, October 27

7:00pm-8:30pm

Class # 10698

Coping with Frustrations —Saturday, November 8

11:00am-12:30pm

Class # 10699

Hassle Free Shopping w/ Children —Monday, December 15

7:00pm-9:00pm

Class # 10700

Location: Virtual Seminar via Zoom, more info available with pre-registration

Fee: Free; pre-registration required

ADULT PROGRAMS

Ballroom Dance (10 Weeks)

How about a fun night out and a new hobby? Meet people, make new friends, and learn to dance along the way. This program offers the perfect opportunity to have fun while getting exercise as you move to the beat of the music. Register as a couple (only 1 person needs to register) and join either our beginner or intermediate class. Dust off your dance shoes, we are about to get moving.

Location: Hickory Grove, Indigo Room

Fee per couple: Resident \$82 | Non-Resident \$118

Session #1: Rumba and Cha Cha (5 Weeks per dance)

Instructor: Craig Bukowski, Certified Ballroom Instructor

Level	Day	Dates	Time	Class #
Beginner Level 1	Monday	September 8–November 10	6:00pm-6:50pm	10701
Intermediate	Monday	September 8–November 10	7:00pm-7:50pm	10702



Adult Tap & Jazz

No experience is necessary - just a willingness to have fun! Dancing is a great way to exercise and a fun way to meet people. Classes will include a light jazz warm-up, tap dance, and a cool down. Wear loose clothing that will allow easy movement. Tap shoes are required at the first class.

Ages: 18 years and older

Class # 10703

Dates: Monday, September 8– October 27

Time: 7:45pm-8:30pm

Location: New Berlin ARC, Aspen Room

Fee: Resident \$55 | Non-Resident \$78

Returning Adult Tap & Jazz

This class is for the adult tapper who wants to advance their skills by putting our tap skills into combinations and furthering skills learned in our beginner class. Tap shoes are required at the first class.

Ages: 18 years and older

Class # 10704

Dates: Monday, November 17-December 15

Time: 6:15pm-7:00pm

Location: New Berlin ARC, Aspen Room

Fee: Resident \$42 | Non-Resident \$65



ADULT PROGRAMS

NEW!

Tuesday Birding Walks

Join Nicole Seward, a knowledgeable birder and excellent photographer, for birding hikes on Tuesday mornings this fall! This is a peaceful, yet exciting, way to spend your mornings outside and admire different bird species right here in New Berlin. Walking locations will include Deer Creek Sanctuary, Stigler Nature Preserve, and Malone Park. (Location schedule will be provided in advance). We encourage you to bring binoculars. There will be a limited quantity available to borrow.

Dates: Tuesday, September 16 - October 7 **Time:** 7am - 9am **Instructor:** Nicole Seward
Class # 10705 **Fee:** Resident: \$10 | Non-Resident \$15 **Location:** Varies

NEW!

Fall Park Walking Club

New Berlin has so many great parks to offer, come explore them with us this fall! Every Thursday morning, we will be facilitating a social walking club at differing locations each week. Some of these parks include, Malone Park, Pro-health Care Park, and Deer Creek Nature Preserve. Location schedule will be provided before the start of program. You can walk as much or as little as you are comfortable with. Join us for this great way to get outside and meet new people, including some of our staff!

Dates: Thursdays, September 4 - October 2 **Time:** 10:00am - 11:00am **Location:** Varies
Class # 10706 **Fee:** FREE, Pre-Registration Required

NEW!



Step Into A Story: Walking Book Club at the ARC

In partnership with the New Berlin Library, our new walking book club keeps your body moving and your mind engaged. We've selected monthly reads that pair perfectly with a brisk walk and good conversation. **Here is how it works:**

- **Walk & Chat:** Meet weekly along the ARC track to walk and casually discuss the book with fellow club members.
- **Monthly Discussions:** Wrap up each book with a full group discussion and light snacks.
- **New Book Picks:** Each discussion meeting ends with the reveal of the next book!

Location: New Berlin ARC **Time:** 10:00am - 11:00am
Walking Dates: Wednesdays, Sept. 10 - Dec. 3 (No 11/26)
Discussion Dates: Sept. 10, Oct. 1, Oct 29, & Dec. 3
First Book Pickup: Available at the ARC Front Desk beginning Aug. 25th
Class # 10707 **Fee:** Free for RecPASS Members Non-Members:\$10

NEW!

September BioBlitz Family Nature Event

Thanks to the National Recreation and Park Association (NRPA), New Berlin Recreation is hosting a BioBlitz this September to support the Parks for Pollinator campaign. This is an event where community members help create a snapshot of the wildlife that can be found at ProHealth Care Park! We use the free app called iNaturalist to take pictures of plants, animals, and insects to provide us with more information on what is living there and how they are essential to the ecosystems to help us better protect them in our community. Sign up for this fun family event today! Prizes will be given to those who identify the most species!

Dates: Saturday, September 6 **Time:** 10:00am - 11:30am
Location: ProHealth Care Park **Class #** 10708
Fee: FREE, Pre-Registration preferred- but walk-ups are welcomed!





NEW BERLIN RECREATION

BioBlitz NATURE EVENT

SEPT 6 | 10AM-11:30AM

JOIN THE BIOBLITZ AT PROHEALTH CARE PARK!
HELP NEW BERLIN RECREATION SUPPORT THE
PARKS FOR POLLINATOR CAMPAIGN THIS
SEPTEMBER BY SNAPPING PHOTOS OF LOCAL
WILDLIFE USING THE FREE INATURALIST APP.
DISCOVER PLANTS, ANIMALS, AND INSECTS
WHILE LEARNING HOW THEY SUPPORT OUR
ECOSYSTEM. FUN FOR ALL AGES—PRIZES FOR
THE MOST SPECIES IDENTIFIED!

FREE!

NEWBERLINWI.GOV/REC

ADULT PROGRAMS

ADULT TECHNOLOGY SEMINARS

Instructor: C.T. Kruger

Time: 6:30-8:00pm

Location: New Berlin ARC, Willow Room

Cutting the Cord - Controlling Cable & Internet Costs - September 11

Fees for cable television, home internet, smartphones, and streaming services quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on all devices.

Class # 10709

Fee: Resident \$20 | Non-Resident \$30

iPad/iPhone - Tips, Tricks & Techniques - September 18

This hands-on class is specific to Apple iPhone, iPad tablets and iPad Mini devices. Learn tips, tricks, and techniques to navigate, organize, backup, and add useful apps to your iPhone, iPad, or iPad mini device.

Class # 10710

Fee: Resident \$20 | Non-Resident \$30



The Camera in Your Smartphone - September 25

It's a camera, it's a photo album, it's a television - it's your phone. Learn about apps, tips, tricks, and limitations for pictures and video from iPhone and Android smartphones and tablets. This class will cover your device's camera, home and Cloud storage options, printing, and more.

Class # 10711

Fee: Resident \$20 | Non-Resident \$30

You Have Pictures in Your Camera - Now What? - October 2

We have hundreds - if not thousands - of pictures in our cameras, smartphones, and computers. Now what...? This two-hour seminar teaches techniques to save pictures from cameras and smartphones to a computer, to external devices and to "the Cloud" using Windows 10 PCs.

Class # 10712

Fee: Resident \$20 | Non-Resident \$30

Associated Bank Financial Insight

Presented by Associated Bank, This class will explore key financial topics including fraud and identity theft, budgeting strategies, and understanding credit. They will provide practical tools and insights to help participants take control of their financial well-being.

Date: September 25

Location: New Berlin ARC, Willow Room

Fee: Free, Pre-Registration Required

Time: 10:00am - 11:00am

Instructor: Matthew Peterson/Kelly Hendricks

Class # 10713

Rock Your Resume Workshop

Want to rock your resume to find the role that's a good fit for you? Bring your resume and optionally your laptop and update your resume in this workshop! We'll go through what has changed and what hasn't in resume writing so you can update with confidence. Guided by a Certified Professional Resume Writer, you will leave with confidence to update your resume! No longer do you need to worry if your resume is good enough to stand out to get the interview!

Date: October 14

Location: New Berlin ARC, Willow Room

Fee: \$15 Resident | \$15 Non-Resident

Time: 6:00pm

Instructor: Teresa Hutton

Class # 10714

Hobby? Skill? Passion? Let's Talk!

We're always looking for new program ideas and instructors.

Contact us at recreation@newberlin.org or 262-797-2443

INDOOR VOLLEYBALL

\$325
TEAM FEE

7-WEEK REGULAR SEASON & 2-WEEK PLAYOFFS

GAMES PLAYED @ ARC (15321 W NATIONAL AVE) - 6:30PM & 7:30PM

CO-REC LEAGUE | MONDAY, SEPT. 8 - NOV. 3

CLASS # 10715

WOMEN'S LEAGUE | TUESDAY, SEPT. 2 - OCT. 28

CLASS # 10716

MUST BE 18+ TO PARTICIPATE IN LEAGUES

Co-Ed Fall Cornhole League

Join us at **Valley View Park** on Monday evenings for a fun and competitive league governed by ACO rules. Build your teams of two players and participate in a 6-week regular season and two-week postseason league! Prizes will be awarded to the top finishers at the end of the season.

Monday, Sept. 8 - Oct. 27

Time: 6:00 pm - 8:00pm

Class # 10717

Location: 5051 S Sunny Slope Rd, New Berlin, WI 53151

Team Fee: \$70



Social Bocce Ball Scramble

Join us at **Valley View Park** on Monday evenings for a weekly night of fun! Enjoy the fall air while playing the carefree games of Bocce Ball! Don't have a teammate? No problem you will play with a new teammate each game!

Monday, Sept. 8 - Oct. 27

Time: 6:00 pm - 7:30pm

Class # 10718

Location: 5051 S Sunny Slope Rd, New Berlin, WI 53151

Team Fee: \$15



CLASS # 10719

\$200 PER TEAM

WIFFLEBALL LEAGUE

6-WEEK REGULAR SEASON & 1-WEEK PLAYOFFS

MONDAY SEPT. 8 - OCT. 20 | GAMES START @ 5:45PM

VALLEY VIEW PARK (5051 S SUNNY SLOPE RD)



GAME EQUIPMENT &
UMPIRES PROVIDED

PICKLEBALL LESSONS

We encourage all Pickleball players to consider the following recommendations:

- Do some warm-up and cool down routines before and after playing pickleball.
- Make sure to bring water to stay hydrated.
- Wear eye protection.
- Wear good court shoes.
- Use sun protection for outdoor play. A hat and sunglasses are also recommended.

Pickleball Drills & Game Play



Beginners—This series introduces players to the basic shots of the game including groundstrokes, volleys, serve, return of serve, and scoring. Proper grip, grip pressure, paddle skills, & court positioning will also be covered. Drills and gameplay are both used to incorporate skills & strategies into your game.

Advanced Beginners—For those players who have some experience playing, this series is focused on developing consistency & accuracy with the fundamental strokes & introducing depth & placement on both the forehand & backhand sides. Punch volleys, block volleys, & high-ball putaways will be added to your arsenal of shots.

Intermediates—These drills/clinics are intended for the 3.0 to 3.5 players. Each week will highlight a specific shot or strategy designed to improve, master, and incorporate into your game. Fundamentals and mechanics will be explained and demonstrated along with drills to perfect your game.

3 Week Clinics—October 5 to 19 & November 2 to 16

****2 Week Clinic**—December 7 to December 14

Location: Activity & Recreation Center (15321 W National Ave)

Instructor: Everything Pickleball, Kelly Whalen & Terry Augustin

Beginners:	Sun, Oct 5-Oct 19	8:30am-9:30am	Res. \$33 Non-Res. \$49	Class # 10720
	Sun, Nov 2-Nov 16	8:30am-9:30am	Res. \$33 Non-Res. \$49	Class # 10721
	**Sun, Dec 7-Dec 21	8:30am-10:00am	Res. \$33 Non-Res. \$49	Class # 10722
Advanced Beginners:	Sun, Oct 5-Oct 19	9:30am-10:30am	Res. \$33 Non-Res. \$49	Class # 10723
	Sun, Nov 2-Nov 16	9:30am-10:30am	Res. \$33 Non-Res. \$49	Class # 10724
	**Sun, Dec 7-Dec 14	10:00am-11:30am	Res. \$33 Non-Res. \$49	Class # 10725
Intermediates:	Sun, Oct 5-Oct 19	10:30am-11:30am	Res. \$33 Non-Res. \$49	Class # 10726
	Sun, Nov 2-Nov 16	10:30am-11:30am	Res. \$33 Non-Res. \$49	Class # 10727
	**Sun, Dec 7-Dec 14	11:30am-1:00pm	Res. \$33 Non-Res. \$49	Class # 10728

Learn to Play Pickleball

Pickleball is a sport anyone can learn to play and enjoy. This game is similar to tennis but is gaining popularity because it requires less movement, yet remains competitive and fun. Balls and paddles will be provided for those who don't have their own. This program is intended for players with ZERO Pickleball experience as we will cover the very basics of the game and its rules. Please wear athletic shoes and bring something to stay hydrated!

Date: Monday, Sept. 8

Time: 5:00pm-7:00pm

Location: Lions Park

Class # 10424

Date: Monday, Oct. 6

Time: 5:00pm-7:00pm

Location: Lions Park

Class # 10730

Date: Monday, Nov. 10

Time: 5:00pm-7:00pm

Location: ARC, Court 1

Class # 10731

Date: Monday, Dec. 8

Time: 5:00pm-7:00pm

Location: ARC, Court 1

Class # 10732

Fee: Resident \$6 | Non-Resident \$9

OUTDOOR PICKLEBALL

Valley View Park - Social/Intermediate Pickleball

Pickleball is a fun sport that combines many elements of tennis, badminton, and ping-pong. The rules are simple and the game is easy to learn, but can develop into a quick, fast-paced, competitive game for experienced players! Brand new participants should have a general grasp of the game, rules, and equipment before attending their first time, but all skill levels are welcome! To begin this open-play program, all skill levels will be combined into a mixed doubles format. Interested participants with zero experience MUST attend a Learn to Play Pickleball Program before to registering for the Outdoor Program.

Tues/Thurs AM program is recommended for Beginner (with some experience) & Social players, but all levels are welcome

NEW OFFERING **All Weekday Mornings—join us every weekday at Valley View Park at a discounted per class price**

IMPORTANT PROGRAM NOTES:

- Punch Cards Available at the ARC:
 - ⇒ 10-PLAY = \$30 resident / \$40 non-resident
 - ⇒ 5-PLAY = \$20 resident / \$30 non-resident
 - ⇒ SINGLE-PLAY = \$5 (purchased on-site)
- Drop-ins will be limited based on daily attendance of registered participants **

Location: Valley View Park—5051 S Sunnyslope Rd.

Class #	Dates of Play	# of Classes	Time	Fees
10733	<u>All Weekday Mornings</u> Sept. 2-Oct. 31	44	M/W/F @ 7:00am-11:30am T/TH @ 7:30am-10:00am	\$30 Resident \$45 Non-Resident
10734	<u>Mon/Wed/Fri Mornings</u>	26	7:00am-11:30am	\$20 Resident \$30 Non-Resident
10735	<u>Tues/Thurs Mornings</u> Sept. 2-Oct. 30	18	7:30am-10:00am	\$15 Resident \$23 Non-Resident
10736	<u>Tues/Thurs Evenings</u> Sept. 2-Oct. 30	18	5:00pm-7:00pm	\$14 Resident \$21 Non-Resident

Lions Park - Intermediate/Advanced Pickleball

Pickleball is a fun sport that combines many elements of tennis, badminton, and ping-pong. The rules are simple and the game is easy to learn, but can develop into a quick, fast-paced, competitive game for experienced players! This program is for faster-paced gameplay for participants looking to have a more competitive experience with players of similar skill levels. To begin daily play all skill levels will play each other. Skill level specific courts will be added by demand (3.5, 4.0, etc).

IMPORTANT PROGRAM NOTES:

- Punch Cards Available at the ARC:
 - ⇒ 10-PLAY = \$30 resident / \$40 non-resident
 - ⇒ 5-PLAY = \$20 resident / \$30 non-resident
 - ⇒ SINGLE-PLAY = \$5 (purchased on-site)
- Drop-ins will be limited based on daily attendance of registered participants **

Location: Lions Park — 14900 W Overland Trail

Class #	Dates of Play	# of Classes	Time	Fees
10737	<u>Mon/Wed/Fri Mornings</u> Sept. 3-Oct 31	26	7:00am - 11:30am	\$20 Resident \$30 Non-Resident

Thank you to our Pickleball Ambassadors. You are the heart of the Pickleball program and are the reason why we can continue to keep the program affordable and spread the word about Pickleball opportunities in New Berlin!

THANK YOU!



INDOOR PICKLEBALL

Indoor Pickleball Program @ ARC

We are getting out of the elements and moving indoors for our Fall/Winter Pickleball Program! Program times will begin as Open-Play, meaning everyone plays with everyone. Advanced or Social courts will be allocated based on demand. Participants should meet the following pre requisites before attending: must have some experience playing the game, have a basic understanding of the rules and scoring, and be able to perform different shots (forehand, backhand, volley, serve, etc.). Interested participants with zero experience MUST attend a Learn to Play Pickleball Program before registering for the Indoor Program.

IMPORTANT PROGRAM NOTES:

- **Space is very limited in our Indoor Program, so do not hesitate to register as spots will fill quickly!**
 - Punch Cards Available at the ARC:
 - ⇒ 10-PLAY = \$30 resident / \$40 non-resident
 - ⇒ 5-PLAY = \$20 resident / \$30 non-resident
 - ⇒ SINGLE-PLAY = \$5 (purchased on-site)
 - Drop-ins will be limited based on daily attendance of registered participants **

Location: New Berlin ARC

Class #	Dates of Play	# of Classes	Time	Fees
10738	All Weekday Mornings Nov. 3 - Dec. 30 (no-class 11/27, 11/28, 12/24, 12/25)	34	M/W/F @7:00am-11:30am T/TH@ 7:30am-10:00am	\$46 Resident \$69 Non-Resident
10739	Mon/Wed/Fri Mornings Nov. 3 - Dec. 29 (no-class 11/28, 12/24)	19	7:00am-11:30am	\$31 Resident \$46 Non-Resident
10740	Tues/Thurs Mornings Nov. 4 - Dec. 30 (no-class 11/27, 12/25)	15	7:30am-10:00am	\$24 Resident \$36 Non-Resident
10741	Tues/Thurs Evenings Nov. 4 - Dec. 30 (no-class 11/27, 12/25)	15	5:00pm-8:00pm	\$26 Resident \$39 Non-Resident

Indoor Pickleball Program @ Poplar Creek

We are getting out of the elements and moving indoors for our Fall/Winter Pickleball Program! All program times will be Open-Play, meaning everyone plays with everyone. Participants should meet the following pre requisites before attending: must have some experience playing the game, have a basic understanding of the rules and scoring, and be able to perform different shots (forehand, backhand, volley, serve, etc.). Interested participants with zero experience MUST attend a Learn to Play Pickleball Program before registering for the Indoor Program.

IMPORTANT PROGRAM NOTES:

- **Space is very limited in our Indoor Program, so do not hesitate to register as spots will fill quickly!**
- **Participants will be limited to registering for one program time to accommodate as many players as possible between the three sessions.**

Location: Poplar Creek Elementary School - 17401 W Cleveland Ave, New Berlin, 53146

Class #	Dates of Play	# of Classes	Time	Fees
10742	Saturday Nov. 1 - Dec. 27	8	8:00am-10:00am	\$16 Resident \$24 Non-Resident
10743	Saturday Nov. 1 - Dec. 27	8	10:30am-12:30pm	\$16 Resident \$24 Non-Resident
10744	Wednesday Nov. 5 - Dec. 17	6	6:00pm-9:00pm	\$12 Resident \$18 Non-Resident

Our pickleball program is meant to be an encouraging and supportive place for players of all skill levels to come together.

Please visit the City website to review our Rules & Etiquette: <https://www.newberlinwi.gov/932/Pickleball>

COMPETITIVE PICKLEBALL

OFFICIAL PICKLEBALL RATING EVALUATION

In an effort to maintain fair play, competition and social interaction, the New Berlin Recreation program will be initiating a rating evaluation for those players interested in playing at 3.5-4.0 skill levels or are interested in getting rated. With help from the Everything Pickleball Team, Kelly, Terry, Dave and Bryant will be assessing your skill level in a short, on court, one-on-one exchange, which takes about 10 minutes. These skills include groundstrokes, drops, volleys, serves and smashes.

Your rating will be recorded with Recreation and courts will have skill levels attached to the net at the venue so you know which courts are designated for each skill level.

Location: New Berlin ARC

Contact Parker Dorothy for more information

pdorothy@newberlinwi.gov | 262-797-2443

Fall Brawl - Outdoor Pickleball Tournament

Join the New Berlin Recreation Department and Everything Pickleball for the 4th Annual Fall Brawl at Valley View Park on Saturday, September 27 and 28th. The tournament format will be a bring your own partner doubles event where Men and Women will compete in separate divisions.

Cost is \$74 per team. There will be 3 different levels: 3.0, 3.5, and 4.0. Divisions may be combined pending the amount of sign-ups. Start times are subject to change based on the enrollments at each skill level.

* When registering if your preferred division does not show up, please contact recreation@newberlin.org or 262-797-2443*

Tournament Information:

All levels will play with Gearbox Outdoor Balls

Medals will be awarded to 1st-3rd Place in each division

Registration Deadline: Saturday, September 21 (no refunds after this date)

Day of Information:

Check-In: 8:00am at Valley View Park (select divisions)

Start Time: 8:30am staggered start at Valley View Park (select divisions)

End Time: All divisions should be complete by 4:00pm at the latest.

Location: Valley View Park (5051 S Sunny Slope Rd)

Class #	Tournament (3.0, 3.5, 4.0)	Fee (per team)
10445	Men's	\$74
10446	Women's	\$74
10447	Co-Ed	\$74

Turkey Shoot - Indoor Pickleball Tournament

Join the New Berlin Recreation Department and Everything Pickleball for a Thanksgiving Turkey Shoot Pickleball Tournament on Saturday, November 22nd & Sunday, November 23rd. The tournament format will be a bring your own partner doubles event where Men and Women will compete in separate divisions.

Cost is \$74 per team. There will be 3 different levels: 3.0, 3.5, and 4.0. Divisions may be combined pending the amount of sign-ups. Start times are subject to change based on the enrollments at each skill level.

* When registering if your preferred division does not show up, please contact recreation@newberlin.org or 262-797-2443*

Tournament Information:

All levels will play with Gearbox Outdoor Balls

Medals will be awarded to 1st-3rd Place in each division

Registration Deadline: Saturday, November 15 (no refunds after this date)

Day of Information:

Check-In: 8:00am at Activity & Recreation Center (select divisions)

Start Time: 8:30am staggered start at ARC (select divisions)

End Time: All divisions should be complete by 4:00pm at the latest.

Location: Activity & Recreation Center (15321 W National Ave)

Class #	Tournament (3.0, 3.5, 4.0)	Fee (per team)
10746	Men's	\$74
10747	Women's	\$74
10748	Co-Ed	\$74

YOGA/WELLNESS

Gentle Flow Yoga

As a 200 Hour Certified Yoga Instructor, mom of 2, wife, and full-time employee, I know how important and hard it is to find time for yourself. So, join me in creating some gentle movement in the body and stillness of the mind. Gentle Flow Yoga offers stretching and relaxation with minimal intensity that will surely warm the body. I recommend participants be able to sit on the floor and get up and down unassisted. Props such as yoga straps and blocks are encouraged. We will flow through a variety of sequenced postures, sun salutations, and breathwork, working towards a peak pose. Options and modifications will be offered, making this class great for beginners or experienced beginners.

DROP IN OPTION AVAILABLE FOR \$8

Location: New Berlin ARC, Birch Room

Instructor: Brook Trebe

Class #	Day	Dates	Time	Fees
10749	Saturday	Sept 13 - Nov 1 (No Class 10/25)	9:15am-10:15am	Res. \$42 Non-Res. \$63
10750	Saturday	Nov 8 - Dec. 20 (No Class 11/29)	9:15am-10:15am	Res. \$49 Non-Res. \$74

Yoga for Lifelong Vitality—Online!

Increase your strength, flexibility & focus and reduce your stress! Each class will offer a unique combination of postures, breathwork, brain-balancing sequences, and guided relaxation. Beginners are welcome to attend this all-level class, and modifications will be given. Katy checks in with each student before class gives feedback, answers questions, and offers a theme of inspiration for the practice. Join us via the Zoom app (recordings available). Wear comfortable clothing and have a yoga mat and blanket. Questions about the class, or wondering if Zoom is right for you? Please contact Katy: Katymartens@gmail.com

Location: Virtual via Zoom (emailed week of 1st class)

Instructor: Katy Martens

Class #	Day	Dates	Time	Fees
10753	Thursday	Sept. 4 - October 2	9:30am-10:45am	Res. \$55 Non-Res. \$78
10754	Thursday	October 9 - Nov. 6	9:30am-10:45am	Res. \$55 Non-Res. \$78
10755	Thursday	Nov. 13 - Dec. 18 (No Class 11/27)	9:30am-10:45am	Res. \$55 Non-Res. \$78



Slow Flow Yoga

In this yoga class, our skilled instructor will guide you through a flow of poses, allowing you to explore the perfect balance between strength and flexibility. Starting with simple poses, we slowly progress ensuring a gradual and safe learning experience for everyone. Towards the end of the class, we dedicate time to unwind and rest. Our serene environment and soothing music create the perfect ambiance for complete relaxation and rejuvenation. Please bring your yoga mat. We highly recommend bringing two yoga blocks as they can be a valuable tool to support and modify poses according to your comfort level.

Questions? Contact Alex at her website: alexdruzny.com

Location: Hickory Grove, Lavender Room

Instructor: Alex Druzny

Class #	Day	Dates	Time	Fees
10756	Tuesday	Sept 2 - October 21	9:30am-10:30am	Res. \$80 Non-Res. \$115
10757	Tuesday	Oct 28 - Dec 16	9:30am-10:30am	Res. \$88 Non-Res. \$125
10758	Tuesday	Sept 2 - October 21	6:00pm-7:15pm	Res. \$88 Non-Res. \$125
10759	Tuesday	Oct 28 - Dec 16 (No Class 1 TBD)	6:00pm-7:15pm	Res. \$70 Non-Res. \$105
10760	Thursday	Sept 4 - Oct 23	6:00pm-7:00pm	Res. \$80 Non-Res. \$115
10761	Thursday	Oct 30 - Dec 18 (No Class 11/27 & 1 TBD)	6:00pm-7:00pm	Res. \$60 Non-Res. \$95
10762	Friday	Sept 5 - Oct 24	9:30am-10:45am	Res. \$88 Non-Res. \$125
10763	Friday	Oct 31 - Dec 19 (No Class 11/28)	9:30am-10:45am	Res. \$77 Non-Res. \$112

Richard's Hatha Yoga

Relax and refresh your body, mind and spirit while practicing Hatha style yoga. With an emphasis on proper alignment, you will be able to safely build a stronger core and increase flexibility and balance. All levels of experience are welcome!

Location: Hickory Grove, Lavender Room

Instructor: Richard Tarney

Class #	Day	Dates	Time	Fees
10764	Wednesday	Sept. 3 - Dec 17 (No Class 11/26)	5:30pm - 6:30pm	Res. \$55 Non-Res. \$82

Pilates

Develop long, lean muscles without building bulk by focusing on the body's core to assist in the distribution of strength. The use of a body ball and light hand weights will increase flexibility, improve posture and decrease stress. Bring a mat, towel, water bottle. Bare feet or non-skid socks are recommended for some routines.

Location: Location: New Berlin ARC, Hickory Room

Instructor: Julie Fraleigh

Class #	Day	Dates	Time	Fees
10765	Wednesday	Sept. 3 - Dec 17 (No Class 1 TBD)	9:30am-10:15am	Res. \$59 Non-Res. \$89

Fit For Life

Do you want to stay flexible and toned, but also get your heart pumping without a high-intensity workout? With a mix of strength, flexibility, and low-impact endurance routines set to upbeat music, this class will help you get *Fit For Life!* No experience necessary. Please bring a water bottle and mat. All other equipment is provided.

Location: New Berlin ARC, Hickory Room

Instructor: Mary Jo Grunewald

Class #	Day	Dates	Time	Fees
10766	Tuesday	Sept. 9 - December 16 (No Class 1 TBD & 11/25)	9:00am-10:00am	Res. \$52 Non-Res. \$78

FITNESS

Sculpt-Strength-Stretch

During this class, you will improve your body composition, flexibility, strength, balance, and endurance. Emphasis is on sculpting the muscles of the arms, back, chest, abdominals, gluteals and legs. De-stress with a relaxing stretch at the end. Please bring a mat for class; weights and bands are available (limited amount), but participants are welcome to bring their own. Sign up now for this non-aerobic, total conditioning workout. Perfect for all ages and abilities. No previous exercise experience necessary.

Location: New Berlin ARC, Hickory Room

**Instructor: Mon. - Karen Lawton, S.A.F.E. Certified Wed. AM - Linda Elliott, NETA & RIPPED Certified
Wed. PM - Mary Jo Grunewald**

Class #	Day	Dates	Time	Fees
10767	Monday	Sept. 8 - December 15 (No Class 1 TBD)	5:45pm-6:45pm	Res. \$52 Non-Res. \$78
10768	Wednesday	Sept. 10 - December 17 (No Class 11/26)	8:00am-9:00am	Res. \$53 Non-Res. \$80
10769	Wednesday	Sept. 10 - December 17 (No Class 1 TBD & 11/26)	5:45pm-6:45pm	Res. \$46 Non-Res. \$69

Total Body Interval

This class has it ALL! Warm-up, strength training, cardio, flexibility, cool down, and interval training - yielding optimal cardio and strength benefits while efficiently working you from head to toe. Perform numerous intervals while using a variety of different fitness equipment. Upbeat, motivating music will keep the pace of this class moving!

Location: New Berlin ARC, Birch Room (Monday), Hickory Room (Thursday)

Instructor: Monday-Julie Fraleigh, S.A.F.E. Certified

Class #	Day	Dates	Time	Fees
10770	Monday	Sept 8 - Dec 15 (No Class 12/1)	8:00am-9:00am	Res. \$50 Non-Res. \$75

Step It Up!

Do you like variety in your workouts? Creative step routines complemented by aerobic floor routines as intense as you want to make them will give you that superb cardiovascular workout you've been looking for! To keep your workout balanced, Step It Up! integrates strength, toning, balance and flexibility routines with the cardio to give you the maximum fitness benefit. Lower-intensity options will be offered. This workout will challenge you from the first day to the last! Please bring a mat or towel and a water bottle. All other equipment is provided. Beginners welcome.

Location: New Berlin ARC, Birch Room

Instructor: Linda Elliott, NETA & RIPPED Certified

Class #	Day	Dates	Time	Fees
10771	Tues/Thurs	Sept. 9 - December 18 (No Class 11/25 & 11/27)	6:00pm-7:00pm	Res. \$130 Non-Res. \$165

Friday Variety

An end-of-the-week workout that combines strength, aerobics, flexibility, and endurance (SAFE) routines. A variety of exercises and music will keep you motivated throughout the hour. A flexibility-focused routine at the end will leave you relaxed and ready for the weekend!

Location: New Berlin ARC, Hickory Room

Instructor: Julie Fraleigh

Class #	Day	Dates	Time	Fees
10772	Friday	Sept 5 - Dec 19 (No Class 10/3, 11/28)	8:00am-9:00am	Res. \$59 Non-Res. \$89



Bootcamp

Get ready for a total body strength experience in this high-energy, all-levels welcome, fitness class designed to challenge your entire body and leave you feeling strong and accomplished. Designed to be a full body training experience, each class provides a variety of stations that mix strength and cardio - designed to target all major muscle groups. Every exercise includes multiple modifications, so you can adjust the intensity to fit your fitness level. Each class includes a warm-up, an 8 station circuit, a quick Tabata round, and a cool down/stretch. Motivating beats keep the energy up and help you power through every round. Boot Camp is more than a workout - it's a community that lifts you up while challenging your limits.

Location: New Berlin ARC, Hickory Room

Instructor: Becky Frei

Class #	Day	Dates	Time	Fees
10773	Thursday	September 4-November 20	5:15pm-6:00pm	Res. \$34 Non-Res. \$51



Zumba

ZUMBA is a fusion of Latin and International music - dance themes creating a dynamic, exciting, effective fitness system! This core-based workout utilizes the principles of fitness interval training and resistance training to maximize caloric output, fat burning, and total body toning. It is a mixture of body sculpting movements with easy to follow dance steps.

Please bring a mat.

Location: New Berlin ARC, Birch Room Zumba Cert. Instructors: Wed - Jayne Massopust Fri - Connie Bakker

Class #	Day	Dates	Time	Fees
10774	Wednesday	Sept. 10 - Dec. 17 (No Class 11/26 & 2 TBD)	9:00am-10:00am	Res. \$41 Non-Res. \$62
10775	Wednesday	Sept. 10 - Dec. 17 (No Class 11/26 & 2 TBD)	5:45pm-6:30pm	Res. \$36 Non-Res. \$54
10776	Friday	Sept. 5 - Dec. 19 (No Class 11/28 & 2 TBD)	8:00am-9:00am	Res. \$39 Non-Res. \$56



Zumba Gold

The Zumba Gold Fitness program is second to none. It is an innovative, fun, and exciting program. It was designed for the active older adult, the true beginner, and/or people not used to exercising, or people who may be limited physically. The main difference between Zumba Gold and Zumba Basic is Zumba Gold is done at a lower intensity, not as fast, but it certainly is as fun. The same great Latin styles of music and dance are used. This amazing program is very easy to follow so anyone at any age will be able to do Zumba Gold.

Location: New Berlin ARC, Hickory Room

Instructor: Becky Zaffke, Zumba Gold Certified

Class #	Day	Dates	Time	Fees
10777	Thursday	Sept 4 - Dec 18 (No Class 11/27)	11:00am-11:45am	Res. \$75 Non-Res. \$112

WERQ

WERQ (pronounced work) is the fiercely fun dance fitness class based on the hottest pop, rock and hip-hop music. The signature WERQ warm-up will preview the dance steps used throughout the class and our unique cueing method ensures participants can follow the moves with ease. The mission is to create a judgement-free dance space built on good vibes, a great sweat, and a supportive community. Our WERQouts are designed for everybody with EVERY BODY. Dancers and non-dancers alike love this class. Get ready to blast away calories while building cardiovascular endurance dancing to the latest chart-topping hits. ***Halloween Glow WERQ on 10/30***

Location: New Berlin ARC, Hickory Room

Instructor: Suzanne Hogue, WERQ Certified

Class #	Day	Dates	Time	Fees
10778	Thursday	Sept 11 - Dec 18 (No Class 2 TBD, & 11/27)	6:00pm-7:00pm	Res. \$63 Non-Res. \$95





WERQ HALLOWEEN GLOW PARTY

WERQ Halloween Glow Party is an ELECTRIFYING dance fitness class combining high-energy moves from pop, rock, and hip-hop, with black lights, glow-in-the-dark gear, and fun music! Dance, sweat, and groove under the black lights with us! Don't forget to wear your brightest neon colors!

Thursday, Oct 30th, 6PM-7PM

FREE for RECPASS members \$5 for NON-MEMBERS

CLASS # 10523



FITNESS



Adult Martial Arts

Try out a new martial arts program that blends the philosophies and techniques of Karate, Kenpo, and Jujitsu. This program is designed for practitioners of all levels from beginner to advanced with a focus on traditional forms, dynamic movements, and personal growth. Participants will also have the opportunity to train in traditional weapon forms, including the staff, katana, and escrima sticks. Join this class for a balanced approach to self-defense, fitness, and mental discipline.

Location: New Berlin ARC, Cedar Room **Instructor:** Todd Martin

Class #	Day	Dates	Time	Fees
10779	Tues/Thurs	September 9 - December 11 (No class 11/27)	6:30pm - 8:00pm	Res. \$215, Non-Res. \$250

Tai Chi Beginner: Balance, Breath, and the Beginning of Mastery

Step into the world of Tai Chi with this welcoming entry point to internal movement and mindful practice. The Foundations Class focuses on body awareness, breath, and gentle movement patterns that build strength from the ground up. Whether you're new to movement or returning to fitness, this class helps you develop a rooted base—physically, mentally, and energetically.

Tai Chi Intermediate: Flow, Structure, and Inner Strength in Motion

This intermediate class bridges the foundational practice into flowing sequences, deeper coordination, and energy awareness. You'll explore spinal connection, spiral movement, and the beginnings of weight energy-based sensitivity. The Development Class is where Tai Chi becomes a living, moving art form that integrates your body, breath, and awareness. Complete Section 1 & 2 of the Yang-Style Form.

Tai Chi Master: The Path Refined — Precision, Power, and Inner Clarity

The Tai Chi Master Class is the final level in our Tai Chi journey—designed for dedicated practitioners ready to deepen their mastery of both the internal and martial dimensions of the art. This class fuses traditional form refinement with advanced internal training, partner sensitivity, and subtle energetic work. It's where movement becomes meditation, and structure becomes strategy.

Location: New Berlin ARC, Hickory Room **Instructor:** Eddie Banks

Class #	Level	Day	Dates	Time	Fees
10780	Beginner	Monday	Sept 8 - Dec 15	9:00am-9:50am	Res. \$60 Non-Res. \$90
10781	Intermediate	Monday	Sept 8 - Dec 15	10:00am - 10:50am	Res. \$60 Non-Res. \$90
10782	Master	Monday	Sept 8 - Dec 15	11:00am - 11:50am	Res. \$60 Non-Res. \$90

Self-Defense: Close Quarters Control (CQC with MACH Techniques)

This self-defense class focuses on Close Quarters Combat (CQC) using MACH—Mechanical Advantage Control Holds—a tactical system designed to quickly and efficiently gain control over an aggressor in real-life encounters using only 5 Techniques. Whether you're new to self-defense or looking to sharpen your practical skills, this class teaches pressure-tested techniques used by law enforcement, corrections officers, and defensive tactics instructors.

Location: New Berlin ARC, Cedar Room **Instructor:** Eddie Banks

Class #	Day	Dates	Time	Fees
10783	Monday	Sept 8 - Dec 15	8:00am-8:50am	Res. \$60 Non-Res. \$90



New Berlin Recreation is excited to offer Silver Sneakers fitness classes, available as an insurance membership benefit. This program is also eligible for Renew Active members. To participate, individuals must pre-register at the New Berlin Activity and Recreation Center (ARC). Stay active and healthy by taking advantage of this great opportunity!

Silver Sneakers Chair Yoga

Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation period will promote stress reduction and mental clarity. (Intensity 2/5)

Location: Hickory Grove, Lavender Room

Instructor: Julie Fraleigh

Class #	Day	Dates	Time	Fees
10784	Monday	Sept 8 - Dec 15 (No Class 12/1)	10:45am - 11:30am	Res. \$75 Non-Res. \$112
10785	Wednesday	Sept. 3 - Dec 17 (No Class 1 TBD)	10:45am-11:30am	Res. \$75 Non-Res. \$112

Silver Sneakers Stability

Are you a senior looking for a way to improve your balance and prevent falls? Look no further than SilverSneakers Stability! Get stronger and improve balance through exercises that strengthen the ankle, knee, and hip joints in a fun and social setting. Focused on improving balance, this standing class uses chair support to advance cognition and fall prevention skills. (Intensity 2/5)

Location: New Berlin ARC, Aspen Room

Instructor: Becky Zaffke

Class #	Day	Dates	Time	Fees
10786	Wednesday	Sept 3 - Oct 15	9:00am-9:45am	Res. \$42 Non-Res. \$63
10787	Wednesday	Oct 29 - Dec 17 (No Class 11/26)	9:00am-9:45am	Res. \$42 Non-Res. \$63

Silver Sneakers Boom Muscle

Muscle incorporates athletic-based exercises that improve upper body conditioning. You'll move through several "blocks," which are groups of exercises that focus on different muscle groups. The focus of this class is on toning muscles and building overall strength. (Intensity 5/5)

Location: New Berlin ARC, Birch Room

Instructor: Becky Zaffke

Class #	Day	Dates	Time	Fees
10788	Wednesday	Sept 3 - Oct 15	10:00am-10:45am	Res. \$42 Non-Res. \$63
10789	Wednesday	Oct 29 - Dec 17 (No Class 11/26)	10:00am-10:45am	Res. \$42 Non-Res. \$63

Silver Sneakers Classic

Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles and a SilverSneakers™ ball is alternated with non-impact aerobic choreography. (Intensity 1/5)

Location: Hickory Grove, Lavendar Room

Instructor: Julie Fraleigh

Class #	Day	Dates	Time	Fees
10790	Monday	Sept 8 - Dec 15 (No Class 12/1)	9:30am-10:15am	Res. \$75 Non-Res. \$112
10791	Thursday	Sept 4 - Dec 18 (No Class 11/27)	9:30am-10:15am	Res. \$75 Non-Res. \$112

Silver Sneakers Boom Move

A higher intensity dance workout class that improves cardio endurance and burns calories. MOVE is all about breaking a sweat and having fun. The class focuses on cardio endurance by starting with simple dance moves then building into more complex sequences, bringing you a great cardio workout.

(Intensity 4/5)

Location: New Berlin ARC, Birch Room

Instructor: Becky Zaffke

Class #	Day	Dates	Time	Fees
10792	Monday	Sept 8 - Oct 20	9:15am - 10:00am	Res. \$42 Non-Res. \$63
10793	Monday	Nov 3 - Dec 15	9:15am - 10:00am	Res. \$42 Non-Res. \$63

NEW BERLIN SENIOR CITIZENS' CLUB



Calling all New Berlin area seniors! Both residents & non-residents! If you are 55 years or better, you are invited to join the New Berlin Senior Citizens' Club located at the NEW New Berlin Community Center at Hickory Grove 2600 S. Sunny Slope Rd. Please call 262-754-1706 for more information!

Activities offered at the Senior Center, include the following: Dartball, crafts, bocce ball, fitness, bingo, cards, special events, service projects, day trips and more!

ACTIVITIES

Mahjong

Monday and Wednesdays

Bingo

1st, 3rd, 5th Mondays - prizes

Blood Pressure Testing Monthly

Bocce Ball League

1st, 3rd, 5th Mondays- (Oct-May)

Book Club

Sponsored by the New Berlin Library

Cards on Mondays & Wednesdays

Hand & Foot | Sheephead | Samba

Club Business Meetings

2nd & 4th Mondays- Guest speakers monthly

Cornhole

Thursdays

Crafts

1st Tuesday

Dartball League

Wednesdays - join a team

Line Dance Class

Tuesdays

Monthly Day Trips

Parties

Holidays/Special Events

Physical Fitness (Instructor led)

Monday -Thursday

Service Projects

Food Drive
Labor of Love knitting

Upcoming TRIPS

Sept 15-19

Creation Museum & Ark Encounter

October 28

Jacob Henry Mystery Mansion

November 16

"Wonderful Life" in Madison

December 10

Million Dollar Quartet Christmas

Center Hours

Monday: 8:30 am - 4:00 pm

Tues-Thurs: 8:30 am - 2:00 pm

**Please call
(262) 754-1706
for more information**



Barb Gosa
Senior
Coordinator

COMING FALL 2025

NEW BERLIN COMMUNITY CENTER AT HICKORY GROVE



The City of New Berlin has nearly completed renovations to the Hickory Grove property located at 2600 S. Sunny Slope Rd in an effort to convert the building into the City's new Community Center. The New Berlin Community Center at Hickory Grove will be home to the New Berlin Senior Center, New Berlin Food Pantry and various New Berlin Recreation classes and programs, including summer day camp. The project will see the entire building transformed inside and out with new parking lots, exterior upgrades and extensive interior work to upgrade all facets of the building. The current construction timeline calls for the building to be complete by late summer of 2025 with the senior group, food pantry and recreation department moving in shortly thereafter.

FUTURE HOMES OF:



BUSINESS BOOTCAMP WITH BANKS FAMILY CONSULTING

FREE CONSULTATION

WITH BFC (BANKS FAMILY CONSULTING)

Unlock Your Potential in Business and Wellness with Banks Family Consulting!

Looking to boost your **business performance** and personal well-being? Eddie, our Tai Chi and Self-Defense instructor, is more than just a fitness expert—he's also a **certified personal trainer** and **business consultant** with years of experience helping individuals and entrepreneurs achieve lasting success in both **wealth and wellness**.

Business Growth Starts with Clarity

Whether you're looking to **increase sales**, **hire the right team**, or **scale your operations**, our strategic business coaching sessions are designed to get real results. At **Banks Family Consulting**, we specialize in:

- **Business Planning & Strategy**
- **Sales Training & Optimization**
- **Talent Recruitment & Team Building**
- **Leadership Coaching**
- **AND SO MUCH MORE!!!!!!!**

From Personal to Professional to Perfection! Let's build your business together—starting today.

- Email: edwinbanks@banksfamilyconsulting.com
- Call or Text: 414-375-5220
- Visit us at the New Berlin ARC
- Register or learn more: www.banksfamilyconsulting.com



Banks Family Consulting
From Personal To Professional To Perfection

FITNESS TRAINING WITH BFC PROJECT: WARRIOR WITHIN

Transform Your Health and Unlock Your Full Potential—With Expert Coaching from Eddie at Banks Family Consulting - Project: Warrior Within!

Are you ready to take control of your **health, mindset, and life**?

Eddie isn't just a Tai Chi and Self-Defense instructor—he's an **Expert-Level Personal Trainer, Wellness Coach, and Business Consultant** committed to helping you achieve peak performance in all areas of your life.

Whether your goal is to **build strength, boost energy, lose weight**, or just get moving again, Eddie's personalized approach gives you the **motivation, accountability, and expert guidance** you need to succeed. His diverse background in martial arts, fitness training, and life coaching ensures a program built just for you.

What's Included in Your 2 FREE Sessions:

- **A 1-on-1 Personal Training Assessment**
- **A Custom Fitness Game Plan** tailored to your body, goals, and lifestyle
- **General Nutrition Guidance** to support long-term results
- **Motivation, encouragement, and proven methods** to help you stick with it

Whether it's **cardio, strength training, flexibility, or martial arts conditioning**, Eddie will help you become the best version of yourself—mentally, physically, and emotionally.

From Personal to Professional to Perfection! "Don't wait too late to change your health—your transformation starts today."

- Email: edwinbanks@banksfamilyconsulting.com
- Call or Text: 414-375-5220
- Stop in at the New Berlin ARC
- Learn more: www.banksfamilyconsulting.com



PARKS

PICNIC SHELTER RESERVATION INFORMATION

Park shelter areas are available for family and group outings. Reservations for any facility may be made online or in-person at New Berlin ARC. The address is 15321 W National Ave. Pictures of picnic sites are available to view online at www.newberlinwi.gov. Please read our picnic reservation information online before making your reservation.

New Berlin resident requests for picnic reservations are accepted in-person or online starting at 9am on the second Monday in January at the New Berlin ARC. Non-residents may begin making reservations on the first Monday in March.

For more information such as policies, dates unavailable for rentals, and capacities, please visit www.newberlinwi.gov



Community Parks

Malone Park - 16400 W. Al Stigler Parkway

Take advantage of this beautiful park which includes one picnic area with shelter, a gazebo, tables/grills, ball diamonds, a playground, lighted tennis courts, lighted sand volleyball courts, basketball courts, restrooms, and concessions stand open during softball league play.

Lions Park - 14900 W. Overland Trail (Shelter #1) 14801 W. Lincoln Ave (Shelter #2)

Offers two picnic areas, with shelters, tables, grills, a fishing pond, ball diamonds, basketball court, playground, tennis courts, a sand volleyball court, and restrooms.

Calhoun Park - 5400 S. Calhoun Road

Enjoy all the outdoor activities! Calhoun Park has three picnic areas with shelters, hiking trails, a fishing pond with a pier, tables/grills, ball diamonds, a sand volleyball court, a basketball court, playgrounds, and restrooms.

Valley View Park - 5051 S. Sunny Slope Road 5100 S. Small Road (Disc Golf)

A great place for hiking! Has two picnic areas with shelters, tables, grills, basketball courts, ball diamonds, playgrounds, tennis courts, soccer fields, restrooms, water, and electricity! A Public archery range and 18 Hole Disc Golf Course. The course is available on the west side of the park (Small Rd entry) year-round.

Buena Park - 1700 S. 165th Street (Shelter #1) 16301 W. Coachlight Dr. (Shelter #2)

Has two small picnic areas with shelters, tables/grills, ball diamonds, a playground, restrooms, pickleball courts, basketball courts, bike trail access, and water.

ProHealth Care Park - 2950 S. Sunny Slope Road

This park has a basketball court, ball diamond, soccer fields, a hiking trail, playground, restrooms, water, electricity, and a picnic shelter with tables.

Neighborhood Parks

Biwer - 13200 W. Crawford Drive

Features playground, ball diamond, basketball court, walking path, open play area, hiking trail and small shelter.

Gatewood Park - 14201 W. Kostner Lane

Features include a small shelter, playground, soccer field, and basketball court.

Regal Park - 4395 S. Regal Drive

Park features include a playground, fishing pond, ball diamond, basketball court, and open play area.

Weatherstone Park - 13355 W. Linfield Drive

Features playground area, basketball court, ball diamond, open play area, walking path, and small shelter.

High Grove Park - 13405 W Eagle Trace

Features playground, ball diamond, basketball court, walking path, open play area, hiking trail and small shelter.

Maple Ridge Park - 13300 W Maple Ridge Road

Features playground, ball diamond, basketball court, open play area, and small shelter.

Historical Park

Specialized park with scheduled open house events in June, July, September, and October provided by the New Berlin Historical Society. This 4-acre park is comprised of historical buildings, several of which are national landmarks. The park also includes an antique apple orchard. Classes in grafting, pruning and pest control are offered by the Weston Antique Apple Foundation.

DON'T WAIT

Picnic Shelters get reserved QUICKLY, so make sure you reserve your space for your Summer party right away!

SPECIAL NOTICE: City Ordinance No.168 establishes park use rules and regulations governing local parks and park-ways, including the prohibition of all horses, golfing, and operation of any motorized vehicles except in designated areas. Glass beverage containers are prohibited in all public parks and use of alcohol beverages requires a park permit. See information signs at local park areas.

FALL PROGRAMS TO MOVE YOUR MIND!



ICE AGE TRAIL ALLIANCE

Exploring the Ice Age Trail

SEPTEMBER 9 @ 6:30PM
COMMUNITY ROOM

Volunteers from the Ice Age Trail Alliance will be here sharing great tips, resources, and info for hikers!

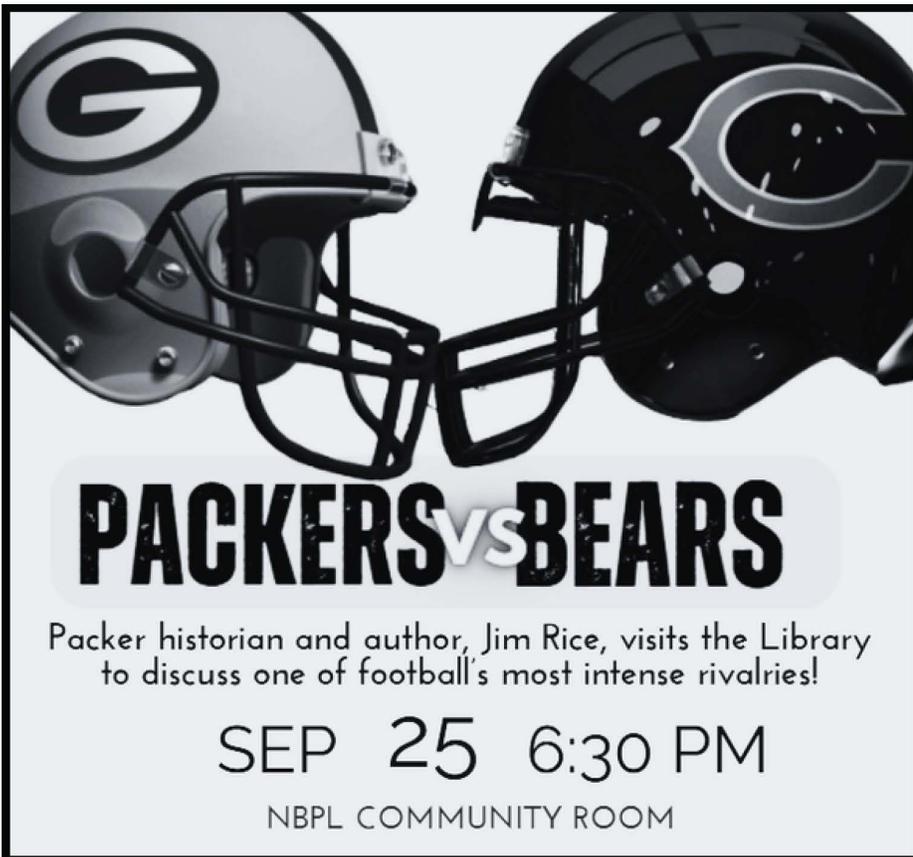


WISCONSIN SCIENCE FESTIVAL?

MAD SCIENCE ROCKS

MARVELS OF MOTION

OCT 24 @ 1PM



PACKERS vs BEARS

Packer historian and author, Jim Rice, visits the Library to discuss one of football's most intense rivalries!

SEP 25 6:30 PM
NBPL COMMUNITY ROOM



ROCK PAINTING & GEODE BREAKING

OCT 23 @ 5-6PM



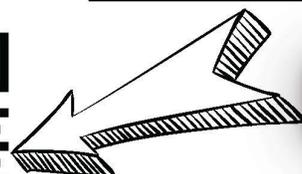
BONE HEALTH

OCTOBER 17 @ 10 AM
HERITAGE ROOM



Better Brain Health

DECEMBER 1 @ 11AM
HERITAGE ROOM



DON'T MISS A THING

SIGN UP TO OUR NEWSLETTER





RESERVE THE ARC

Looking for the perfect space to host your next event?
The New Berlin Activity and Recreation Center (ARC) is
available to rent—by the hour or all day!

From **basketball and volleyball to pickleball** games, **birthday parties, and private gatherings**, the ARC is your go-to venue.
Let us help you create a memorable and successful event!



For more information and to reserve:
newberlinwi.gov/2421/Reserve-the-ARC

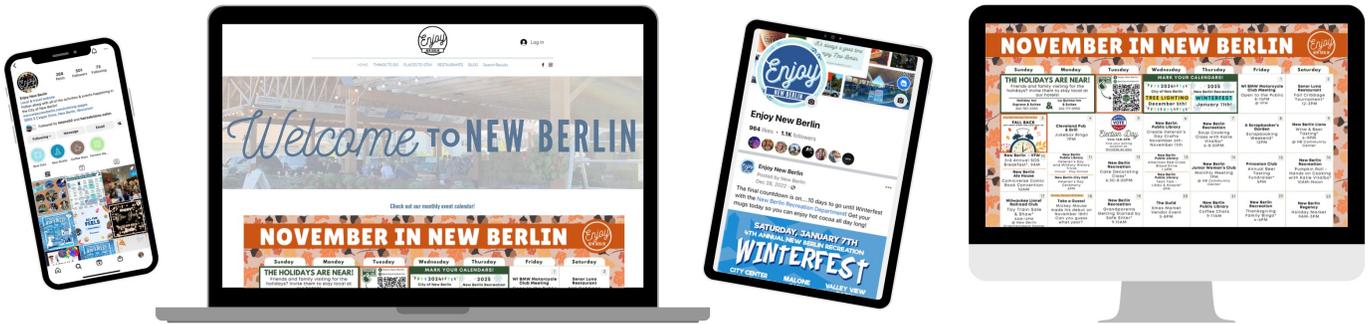




Welcome TO NEW BERLIN!

Enjoy New Berlin is the City of New Berlin's Official Tourism Entity

We work in conjunction with the City's Tourism Commission to oversee tourism promotion and development. We want everyone who lives, works, plays, and visits New Berlin, to *Enjoy* New Berlin!



HOLIDAY INN EXPRESS & SUITES
15451 BELOIT ROAD
262-787-0700

OUR HOTELS

HOLIDAY INN EXPRESS & SUITES
&
LA QUINTA INN & SUITES

Every overnight stay at a New Berlin hotel generates hotel tax that is passed to the community. The tax is then used to promote events and activities, that in return produce overnight stays. Next time you have family or friends in town, please encourage them to **stay local** at one of our hotels!



LA QUINTA INN & SUITES
15300 ROCK RIDGE ROAD
262-717-0900

CHECK-OUT OUR MONTHLY EVENT CALENDAR!



VISIT US ONLINE AT:

ENJOYNEWBERLIN.COM

FOLLOW US

FOR MORE UPCOMING EVENTS & ACTIVITIES!



SCAN BELOW FOR MORE!

